

Registration opens Tuesday, April 12th for Residents & Wednesday, April 13th for Non-Residents

Learn to Swim registration begins Tuesday, June 14th



PARKS, RECREATION, YOUTH AND COMMUNITY SERVICES

# SUMMER 2022

(860) 584 - 6160 | [Parksandrecreation@bristolct.gov](mailto:Parksandrecreation@bristolct.gov) | [www.BristolRec.com](http://www.BristolRec.com) | 51 High Street, Bristol, CT 06010



# MEET THE STAFF

## Administration

**Dr. Joshua Medeiros - Ed.D., CPRE**  
Superintendent

**Sarah Larson - CPRP**  
Deputy Superintendent

**Jazz Coakley**  
Assistant to the  
Superintendent

**Erica Benoit**  
Community Engagement  
Coordinator

## Recreation Division

**Amry Shelby - MS**  
Recreation Supervisor

## Aquatics Division

**Jaimie Clout - CPRP, CPO, LGIT**  
Aquatics Supervisor

**Raelynne Andrews - M.S.W., CPO, LGI, WSIT**  
Aquatics Coordinator

**Ronald Dionne - CPO**  
Facilities Maintenance Technician

## ARTS & CULTURE

**Lauren Imholte - MPA**  
Arts & Culture Supervisor

## Parks, Grounds, & Facilities Maintenance Division

**Robert Lincoln**  
Parks, Grounds &  
Facilities Supervisor

**Douglas Trillo**  
Assistant Parks, Grounds  
& Facilities Supervisor

**Todd Anderson**  
Group Leader

**Matthew Newton**  
Group Leader

**Stephen Alvarez**  
Skilled Utility Craftsman

**Tim Rollins**  
Skilled Utility Craftsman

**Walter Kalbach**  
Mechanic

**Richard Klett**  
Truck Driver

**Steven Schriver**  
Landscape Gardener

**Brian Beaudoin**  
Park Maintainer

**Marc Davis**  
Park Maintainer

**Dean Dionne**  
Park Maintainer

**Candido Galindo**  
Park Maintainer

**Cody Lombardi**  
Park Maintainer

**George Richter**  
Park Maintainer

**Craig Vibert**  
Park Maintainer

## Bristol Eliminating Substance Use Together

**Jenelle Howard - MBA, MA**  
Project Coordinator

## Youth & Community Services Division

**Stephen Bynum**  
Youth & Community  
Services Supervisor

**Alyson Phelan**  
Youth & Family Coordinator

**Kyana Anderson**  
Youth & Family Coordinator

**Aubrey Minkler**  
Community Services  
Coordinator

**Lauren Kittle**  
Parent & Child  
Program Coordinator

**Erika Treannie**  
Juvenile Review  
Board Coordinator

**Linda Rich**  
Counseling Consultant



## Board of Park Commissioners

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**Cynthia Donovan**

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**Dr. Corey Nagle - Ed.D.**

**Ramon Peters**  
**Lance Washington**

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**Andrea Adams**  
**Samantha Buonafede**

**April Dews**  
**Walter Lewandoski**  
**Juliet Norton**



# MESSAGE FROM THE SUPERINTENDENT



While the challenges of the past few years have not been easy for most of us, we have emerged with a renewed appreciation and pride for living in a connected, resilient, #AllHeart community. Coming into the summer many are seeking inspiration and re-connecting with the people around us. Bristol Parks, Recreation, Youth and Community Services is proud to present a diverse range of programs, events, and facilities that allow you to

re-connect and be inspired this summer. Whether it's fostering friendships in our summer camps, achieving a life long skill in swim lessons, or reaching new heights at the Pine Lake Adventure Park- there's something for everyone!

Opportunities for inspiration can be found all around you in Bristol. The new Veterans Memorial Boulevard Bridge impresses all who enter the gateway of this historic park, traveling through to the monuments honoring our veterans, the Bristol Arts Innovation Magnet School which will elevate students and provide community entertainment, and culminating into Bristol's developing downtown. Public art is flourishing thanks to the City's Arts and Culture Commission and staff that have spearheaded important initiatives including the upcoming Martin Luther King Jr mural on Riverside Ave. The unveiling ceremony will be held on Saturday June 18th celebrating Dr. King and Juneteenth. A formal Cultural District designation is also being pursued through the State of Connecticut Office of Tourism to further leverage the power of arts and culture.

Opportunities for connection are plentiful this summer including the return of our popular Rockin' Out at Rockwell Summer Concert Series, dozens of Bristol Blues games at Muzzy Field, and much more. I invite you to get outside and seek your inspiration, participate in our events to build connections and stay engaged in your community!



Sincerely,

Dr. Joshua T. Medeiros, Ed.D., CPRE  
Superintendent  
Department of Parks, Recreation, Youth and Community Services  
City of Bristol

Dr. Medeiros currently serves as a Member of the Board of Directors for the National Parks and Recreation Association (NRPA) and Faculty at the NRPA's National Directors School. He is also the past President of the Connecticut Parks Association (CPA).



## CONTENTS

Project Updates .....	3
Community Events .....	4 - 6
Park Locations .....	5
Arts & Culture .....	8 - 9
Recreation .....	10 - 16
Youth Services .....	17 - 18
Community Services .....	19
BEST .....	20
Aquatics .....	21 - 28
How to Register .....	28



# PROJECTS / HAPPENINGS

## ARPA FUNDING

### Park improvements on the horizon

Bristol Parks, Recreation, Youth and Community Services was awarded \$1.2 million dollars from the American Rescue Plan Task Force during the first phase of funding to support projects at Pine Lake Adventure Park, Kern Park, Veterans Memorial Boulevard, and Rockwell Park. Projects were chosen for their benefit to the economy, public health, disproportionately impacted communities, job growth and transformational effects on area residents.



## PAGE PARK REVITALIZATION

### Page Park is getting a makeover!

Weston and Sampson presented preliminary park designs in Spring 2022. The park redesign will lead to increased security, access, and amenities throughout the park. Proposed renovations include a new, multi-purpose turf field, designated pickle ball courts, increased sidewalks and more! The project is slated to take place over four-years with phase I is scheduled to begin early 2023.



## PERRY J. SPINELLI PAVILION

### Available to book for your next party or gathering!

The recently renovated Perry J. Spinelli Pavilion at Page Park is available to rent! The Perry J. Spinelli Pavilion overlooks Page Park Lagoon and is surrounded by trails, woodlands, and the popular disc golf course. New enhancements include an updated kitchen, HVAC system, ADA accessibility, and cosmetic enhancements. Phase II of the renovation is underway and includes updated lighting, new windows, improvements to the deck, and additional ADA accessible walkways. The pavilion is available to rent for \$150 for the first hour and \$50/hour for each additional hour. Bristol parks, fields, and facilities can be reserved by residents and organizations.

Requests for fields, pavilions, park spaces, and the showmobile can be made at [www.bristolrec.com](http://www.bristolrec.com).



## ALL HEART PARKS GEAR SHOP

### Park equipment rentals

Want to try something new but don't have the right gear? No problem. The All Heart Parks Gear Shop located in the Rockwell Park Bathhouse will offer equipment for almost any activity available for rent this summer. Adaptive equipment will be available to people with disabilities for participation in select recreation and park activities.



## DIVERSITY, EQUITY, & INCUSION

### Committee update

The summer of 2022 marks two full years since the creation of the BPRYCS Diversity, Equity, and Inclusion (DEI) Committee. The role of the DEI Committee is integral in creating a link between the employees, city leadership, residents, and the greater community. Over the past year, the DEI committee has developed working groups for policy review, internal and external trainings, as well as facilitated the 2nd Annual Community Conversation. The DEI Committee continues to help ensure department operations are reflective of the Bristol community, as well as provide equitable, safe, and welcoming park spaces and programs for all.





# COMMUNITY EVENTS

## ROCKIN' OUT AT ROCKWELL SUMMER CONCERT SERIES

Join us for incredible live music by your favorite local area bands! Concerts will feature a variety of genres including Pop, Funk, Rhythm & Blues, Country & Classic Rock and more to fill the air! Bring your family and friends, blankets and chairs, and grab dinner at the food trucks each week! Concerts are free and open to all. Please visit [www.BristolRec.com](http://www.BristolRec.com) for schedule updates.



### Rockin' Out at Rockwell Summer Concert Series

Tuesdays, June 21 - August 9  
6:30 - 8:00 pm

<b>JUNE 21</b>	<b>Savage Brothers</b> Funk/Rock/Rhythm
<b>JUNE 28</b>	<b>Mass-Conn-Fusion</b> Motown/ R&B/Funk
<b>JULY 5</b>	<b>The Night Shakers</b> Blues/Jazzy Blues/Vintage Blues
<b>JULY 12</b>	<b>Marc Berger</b> American Roots
<b>JULY 19</b>	<b>KICK</b> Dance/Pop/Rock/Country/80's & 90's
<b>JULY 26</b>	<b>Sonic Theory</b> Popular Rock Covers
<b>AUG 2</b>	<b>Downtown 6</b> Dance/Rock/Pop
<b>AUG 9</b>	<b>Soul Sound Revue</b> R&B

Rain Date Wednesdays



## MLK39 MURAL REVEAL PARTY

Saturday, June 18, 2022 at 1:00 pm

106 Riverside Avenue, Bristol, CT 06010

Join us in celebrating Juneteenth and the reveal of our community-funded MLK mural! The MLK mural is located on the side of the Primo Press building at 106 Riverside Avenue. This is the 13th mural in RiseUP for the Art's MLK39 tour. Bristol is one of 39 MLK-inspired murals being created throughout the state of Connecticut – one to celebrate each year of Dr. Martin Luther King Jr.'s life. We are honored to be a part of this project, and want to thank the Bristol community for helping us bring this to life! Light refreshments and music will be provided. The reveal party will take place in the parking lot at the New England Carousel Museum, 95 Riverside Ave.



# COMMUNITY EVENTS

Visit [www.BristolRec.com](http://www.BristolRec.com) to learn more and register

## BRISTOL GREEN TEAM

Volunteers needed! The Bristol Green Team meets the second Saturday of every month (June - August) from 9:00 - 11:00 am for a friendly competition cleaning up trash in our local parks! Together, the Bristol Green Team has traveled hundreds of miles removing thousands of pounds of trash from Bristol's park spaces. All supplies are provided upon arrival. No registration necessary. The Green Team promotes local efforts to recycle more, waste less, and become environmental stewards in the Bristol community.

### FREE T-Shirts!

Everyone who checks in and participates in green team will receive a free shirt (while supplies lasts)!



### Green Team

Second Saturday of the Month  
9:00 - 11:00 am

**JUNE  
11**

### Page Park

Meet by the All Children's Playground

**JULY  
9**

### Rockwell Park

Meet at the Front Entrance Arch

**AUG  
13**

### Veteran's Memorial Boulevard

Meet at the Wozenski Way Parking Lot

## 2nd ANNUAL PRIDE NIGHT

**Bristol Blues Game on Tuesday, June 14, 2022 -  
6:30 pm at Muzzy Field (Gates open at 5:30 pm)**

Support the LGBTQ+ community, friends, family, and organizations to celebrate Pride Night at a Bristol Blues game! We'll be on the concourse before the game with giveaways, raffles, and more! This is a Bristol Blues ticketed event and tickets can be purchased at the box office.



## GROUP TRIP TO THE MUSEUM OF MODERN ART (MoMA)

**Friday, June 17, 2022 at 8:00 am**

Next stop: New York City! Join us on our group trip to The Museum of Modern Art and get a taste of thought-provoking modern and contemporary art. Registration includes transportation to and from the museum and a museum ticket. All ages welcome. Any registrants under the age of 18 must be accompanied by an adult. Bus departure from 51 High Street at 8:00 am, with expected return by 8:00 pm. Cost per person is \$99.00. Advance registration is required.

## 7th ANNUAL NEON NIGHTS FLOAT NIGHT

**Friday, August 5, 2022 at 6:00 - 9:00 pm**

### Rockwell Park Pool

Join us for an electric evening of floating fun! The brightest bash in the neighborhood will feature an array of colorful events including: glowing pool, live DJ, foam party, drone dome, & the "light up lounge". Kona Ice will be in attendance selling their award-winning shaved ices in a rainbow of flavors! Admission is \$5.00 per person.





# COMMUNITY EVENTS

Visit [www.BristolRec.com](http://www.BristolRec.com) to learn more and register



## MOVIE NIGHT

**Friday, August 12, 2022 at 8:00 pm**

**Rockwell Park Amphitheater**

The big screen in your backyard! Grab your family, friends, and neighbors this summer for a FREE Movie Night in the Park. Bring a blanket or lawn chair and enjoy the big screen under the stars.

Seating is first come first serve. No registration necessary.

## 11th ANNUAL POOCH PLUNGE

**Monday, August 22, 2022**

**4:30 - 6:30 pm at Rockwell Park Pool**

Mark your calendars for the Annual Pooch Plunge! - Rain or Shine! Why should humans have all the FUN? Bring your four-legged friends out for doggy-only pool party! Admission to Pooch Plunge is \$3.00 at the gate (includes canine and companions). Dogs should not be under 6 months old and MUST have current vaccinations and tags. No registration necessary.



## MAYOR'S BACK TO SCHOOL PENCIL HUNT

**Thursday, August 25, 2022**

**5:00 - 7:00 pm at Muzzy Field**

BPRYCS invites all community members in pre-kindergarten through eighth grade, and family to participate in a scavenger hunt for school supplies! Kick-off the school year with the Back to School Pencil Hunt! This FREE event will include door prizes, vendors, and a pencil hunt, where participants will hunt for pencils correlating to prizes. Advance registration is required.

## SAVE THE DATE!

### SUMMER SEND OFF - FUNDRAISER

**Friday, August 26, 2022**

**Page Park - Pool**

End of summer happy hour for a cause - specialty cocktails, live music, dancing, complimentary small bites (while supplies last), and great company all included in the ticket price. All proceeds benefit the Friends of Bristol Parks and Recreation Fund through the Main Street Community Foundation. More info to come at [www.BristolRec.com](http://www.BristolRec.com)!



## FAMILY CAMPOUT AT MUZZY FIELD

**Saturday, September 10, 2022 - Overnight**

**Begins at 6:00 pm at Muzzy Field**

Keep the summer fun going! Enjoy a night sleeping under the stars at Muzzy Field. We will provide a host of activities including lawn games, family activities, and a PG rated movie when it's dark! BPRYCS staff will help you set up your tent, provide snacks and breakfast treats, and lead a night time program. Register early! A limited number of tents are available to be provided if you do not have one. Each household/ registrant will have an assigned space. Spaces are limited and advance -registration is required.

# PARK & FACILITY LOCATIONS

## VISIT OUR PARKS AND FACILITIES

- 1 Hoppers / Birge Pond Nature Preserve**  
Located on Beech Street
- 2 Brackett Park**  
Entrances on School and North Main Streets
- 3 Casey Field / E.G. Stocks Playground**  
Located on Middle Street
- 4 Dennis Malone Aquatics Center**  
325 Mix Street
- 5 Federal Hill Green**  
Located on Maple and Queen Street
- 6 Kern Park**  
Located off Ivy Drive and Primrose Lane
- 7 Muzzy Field**  
Located on Muzzy Street
- 8 Nelson's Field**  
Corner of Burlington Avenue & Maple Avenue
- 9 Page Park**  
651 King Street
- 10 Peck Park**  
Entrance on Daley Street
- 11 Pine Lake**  
Located off Pine Street / Birch Street / Emmett Street
- 12 Rockwell Park**  
Entrances on Jacob Street / Dutton Avenue / Terryville Road
- 13 Roberts Property Park**  
Located at James P. Casey Road and Perkins Street
- 14 Seymour Park**  
Entrance on Shrub Road
- 15 Veterans Memorial Boulevard**  
Parking off of Wozenski Way and South Street
- 16 Wilson Field**  
Located on King Street
- 17 BPRYCS Main Office / Youth & Community Services**  
51 High Street



## LOOKING TO HOST AN EVENT?

### Rent indoor and outdoor park spaces!

Bristol parks, fields, and facilities can be reserved by residents and organizations. Requests for fields, pavilions, park spaces, and the showmobile can be made at [www.bristolrec.com](http://www.bristolrec.com). Click the "Facilities" tab and then select the facility/ space you are seeking to reserve. Here, community members are able to see full facility schedules and availability. Applicants must then log in or create an account in order to finalize the reservation request. Proper insurance certificates and payment (when applicable) will be requested prior to a permit being issued.

## BOARD OF PARK COMMISSIONERS

The Board of Park Commissioners meets the 3rd Wednesday of every month at 6:00 p.m. at 51 High St. The Board consults with and makes recommendations to the City Council, the Mayor, and the Superintendent regarding BPRYCS' policies for the planning, development and use of the City's parks and facilities. Members are appointed by the Mayor's office.

Open the camera app. Focus the camera on the QR code by gently tapping the code. Follow the prompted instructions on the screen to complete the action.





## POP UP ART SHOPS

The perfect way to get a taste of the benefits of art programming! At the end of each class, registrants will leave with a take-home project and a better understanding of the day's theme.

### Kumihimo Bracelet Making

Learn the technique and ancient Japanese origins (the practice goes back centuries!) of braiding cord. Participants will learn the basics, as well as how to braid with beads.

Location: Page Park Ski Lodge

Fee: \$35 to participate

Date	Ages	Day	Time
6/25	10 - 15	Sa	9:00 am - 1:00 pm



### Tie Dye

Let's get groovy! Tote bags and handkerchiefs will be available to tie dye. If participants would like to tie dye something specific, they're welcome to bring one item of their own.

Location: Page Park Ski Lodge

Fee: \$25 to participate

Date	Ages	Day	Time
7/6	5 - 12	W	9:00 am - 12:00 pm

### Origami

Learn the art of paper folding to create mini masterpieces! Participants will leave with take-home origami, and an understanding of the history behind this art technique.

Location: Page Park Ski Lodge

Fee: \$25 to participate

Date	Ages	Day	Time
7/6	8 - 14	W	1:00 - 4:00 pm

### Beads Galore

Do keychains, bracelets, or necklaces suit your fancy? If so, this one's for you! Participants will learn techniques to make these three items, and leave with at least one take-home project.

Location: Page Park Ski Lodge

Fee: \$25 to participate

Date	Ages	Day	Time
7/7	5 - 10	Th	9:00 am - 12:00 pm

### Comic Strips & Flip Books

Learn how to tell stories with your art! Participants will first learn techniques involved with creating comic strips and flip books. Then, they will choose one to create, and leave with a take-home project.

Location: Page Park Ski Lodge

Fee: \$25 to participate

Date	Ages	Day	Time
7/7	8 - 14	Th	1:00 - 4:00 pm

## MOSAIC TILE WORKSHOP

In this two-part workshop, participants will plan, create, and bring home their own mosaic tile, perfect for a garden or walkway! Registrants will have complete control of their design while receiving guidance on how to break the glass and set in the grout. This workshop is for beginners and experienced mosaic-makers alike.

Location: Page Park Ski Lodge

Fee: \$45 to participate

Session	Date	Ages	Day	Time
Session 1	7/9	14+	Sa	9:00 am - 1:00 pm
	7/16	14+	Sa	9:00 am - 11:00 am



## MULTIMEDIA COLLAGE CLASS

Artists will create a multimedia collage based on their own precious memories. Bring copies of personal photos to class to be used in the artwork. Take-home artwork to last a lifetime will be created using paint, Mod Podge, oil pastels and more.

Location: Page Park Ski Lodge

Fee: \$75/session

Session	Date	Ages	Day	Time
Summer 1	6/22 - 7/27	5 - 10	W	5:00 - 7:00 pm

## ART CAMP

Expand artistic skills and creativity! Participants will work on take-home projects, learn about 2D and 3D projects, and explore a wide variety of mediums. Campers will spend the day creating crafts, engaging in water play, art games, and manipulatives, such as Legos. By the end of class, enrollees will better understand how to plan and follow through on a project, and what self-expression is. Register for a morning half day or a full day option.

Location: Page Ski Lodge

Fee: \$55/half day session

\$95/full day session

Session	Date	Ages	Day	Time
Summer 1	7/25 - 7/28	5 - 8	M - Th	Half Day 9:00 am - 12:00 pm
	7/25 - 7/28	5 - 8	M - Th	Full Day 9:00 am - 4:00 pm
Summer 2	8/1 - 8/4	9 - 14	M - Th	Half Day 9:00 am - 12:00 pm
	8/1 - 8/4	9 - 14	M - Th	Full Day 9:00 am - 4:00 pm



## EXPLORATION IN PAINTING CAMP

Participants will explore various techniques in both watercolor and tempera paints including impasto, scraping, color mixing, salt and texture. The week will begin with mini skill-camps where artists will focus on the painting process and explorations. The week will culminate in a unique, take-home painting project based on the artist's individual style and interests.

Location: Mrs. Rockwell's Pavilion

Fee: \$95/session

Session	Date	Ages	Day	Time
Summer 1	7/11 - 7/15	7 - 10	W	5:00 - 7:00 pm

## CLAY CAMP

Dig your hands into clay! This class will provide the hand-building basics of clay-making including: pinching, coiling, slabbing and pressing clay over molds. Due to the nature of using kiln fired clay in a short clay program, all projects will be created during the week and returned as bisqueware (unglazed kiln fired pottery) after the program ends - you will be notified when clay work is ready to be picked up. Participants will leave with at least one take-home box created out of clay, and have a chance to try their hand on a potter's wheel!

Location: Page Park Ski Lodge

Fee: \$95/session

Session	Date	Ages	Day	Time
Summer 1	7/11 - 7/14	8 - 14	M - Th	9:00 am - 4:00 pm

## NATURE ART CAMP

Embrace the blooms of summer, and turn them into art! In this new program, participants will begin their day outdoors exploring and walking trails to get fresh air, gain inspiration, and collect items for their artwork. Next, they will head inside to bring their artwork to life, using their collected nature, and traditional art materials. Campers will end the week learning which senses are used to observe in nature, and with at least two projects to take home.

Location: Page Ski Lodge

Fee: \$95/session

Session	Date	Ages	Day	Time
Summer 1	7/18 - 7/21	7 - 12	M - Th	9:00 am - 4:00 pm



## ARTS & CULTURE COMMISSION

The Arts & Culture Commission meets every third Wednesday of the month at 6:30 pm at the BPRYCS Main Office - 1st Floor Conference Room (51 High St.)

The commission serves to provide guidance on enhancing the lives of Bristol residents through the arts by developing ways to improve the experience of living, working, playing and visiting the city.

Open the camera app. Focus the camera on the QR code by gently tapping the code. Follow the prompted instructions on the screen to complete the action.





## LITTLE EXPLORERS CAMP

Little Explorers Camp is a day camp that provides a safe, nurturing and fun environment in which children can make new friends, enjoy activities, create works of art and experience age appropriate independence. Campers will participate in weekly field trips or on-site entertainment. Campers must be fully potty trained to attend. Full camp schedule, handbook, and theme weeks are available at [www.BristolRec.com](http://www.BristolRec.com).

Location: Mountain View School

71 Vera Rd, Bristol, CT 06010

Fee: \$125/session (\$115/Session 2 - Shortened week)

Session	Date	Ages	Day	Time
Week 1	6/27 - 7/1	3 - 5	M - F	9:00 am - 3:00 pm
Week 2	7/5 - 7/8	3 - 5	Tu - F	9:00 am - 3:00 pm
Week 3	7/11 - 7/15	3 - 5	M - F	9:00 am - 3:00 pm
Week 4	7/18 - 7/22	3 - 5	M - F	9:00 am - 3:00 pm
Week 5	7/25 - 7/29	3 - 5	M - F	9:00 am - 3:00 pm
Week 6	8/1 - 8/5	3 - 5	M - F	9:00 am - 3:00 pm
Week 7	8/8 - 8/12	3 - 5	M - F	9:00 am - 3:00 pm

## TEEN ADVENTURE CAMP

Teen Adventure Camp is a field trip based camp that will get your teens engaged with weekly excursions and entertainment. Teens are dropped off at Bristol Eastern High School and will get plenty of opportunity to learn, socialize, and build relations with their peers through constant activities and trips.

Field Trips Include:

- New England Aquarium (Week 1)
- Six Flags Amusement Park (Week 2)
- Extreme Paintball (Week 3)
- Hartford Yard Goats Game (Week 4)
- Go Karting at Brass City Raceway (Week 6)

Visit [www.BristolRec.com](http://www.BristolRec.com) for the full camp schedule and to see all of the field trips planned!

Location: Bristol Eastern High School - Small Gym

632 King Street, Bristol, CT 06010

Fee: \$155/session (\$145/Session 2 - Shortened week)

Session	Date	Ages	Day	Time
Week 1	6/27 - 6/28	12 - 15	M/Tu	9:00 am - 3:00 pm
	6/29 - 6/30	12 - 15	W/Th	8:30 am - 6:00 pm
Week 2	7/5	12 - 15	Tu	9:00 am - 3:00 pm
	7/6 - 7/7	12 - 15	W/Th	8:30 am - 6:00 pm
Week 3	7/11 - 7/12	12 - 15	M/Tu	9:00 am - 3:00 pm
	7/13 - 7/14	12 - 15	W/Th	8:30 am - 6:00 pm
Week 4	7/18 - 7/19	12 - 15	M/Tu	9:00 am - 3:00 pm
	7/20 - 7/21	12 - 15	W/Th	8:30 am - 6:00 pm
Week 5	7/25 - 7/26	12 - 15	M/Tu	9:00 am - 3:00 pm
	7/27 - 7/28	12 - 15	W/Th	8:30 am - 6:00 pm
Week 6	8/1 - 8/2	12 - 15	M/Tu	9:00 am - 3:00 pm
	8/3 - 8/4	12 - 15	W/Th	8:30 am - 6:00 pm
Week 7	8/8 - 8/9	12 - 15	M/Tu	9:00 am - 3:00 pm
	8/10 - 8/11	12 - 15	W/Th	8:30 am - 6:00 pm

## SUMMER FUN CAMP

Summer Fun camps provides children with the opportunity to engage in fun and informative activities, while forming new friendships with other children and positive relationships with camp staff. We encourage children of all abilities within camp to participate in activities and experiences that strive to benefit the camper's emotional, physical and social well-being. This camp is packed with entertainers, field trips, swimming and much more to keep each camper engaged throughout the summer. Full camp schedule, handbook, and theme weeks are available at [www.BristolRec.com](http://www.BristolRec.com).

Location: Bristol Eastern High School - Cafeteria

632 King Street, Bristol, CT 06010

Fee: \$125/session (\$115/Session 2 - Shortened week)

Session	Date	Grades	Day	Time
Week 1	6/27 - 7/1	1 - 6	M - F	9:00 am - 3:00 pm
Week 2	7/5 - 7/8	1 - 6	Tu - F	9:00 am - 3:00 pm
Week 3	7/11 - 7/15	1 - 6	M - F	9:00 am - 3:00 pm
Week 4	7/18 - 7/22	1 - 6	M - F	9:00 am - 3:00 pm
Week 5	7/25 - 7/29	1 - 6	M - F	9:00 am - 3:00 pm
Week 6	8/1 - 8/5	1 - 6	M - F	9:00 am - 3:00 pm
Week 7	8/8 - 8/12	1 - 6	M - F	9:00 am - 3:00 pm



## BEFORE & AFTER CARE

**Extend the camp day with us!**

BPRYCS understands that some families may need childcare outside of the regular schedule camp times. We are happy to offer Before and After Care at our Summer Fun Camp location.

**Before Care Hours: 8:00 am - 9:00 am**

**After Care Hours: 3:00 pm - 4:00 pm**

Fee:

\$20/week for Before Care

\$20/week for After Care

\$40/week for both Before and After Care

Space is limited and registration is first come, first served. Please make sure that you are registered for the corresponding summer camp week.

# RECREATION

Visit [www.BristolRec.com](http://www.BristolRec.com) to learn more and register

## SKYHAWKS FLAG FOOTBALL CAMP

Experience the excitement of football with Skyhawks Flag Football fueled by USA Football. Using a curriculum developed by the experts from USA Football, coaches will teach skills like passing, receiving, kicking and flag pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment.

Location: Page Park – Ingraham Field

Fee: \$129/session

Session	Date	Ages	Day	Time
Summer 1	7/5 - 7/8	7 - 10	Tu - F	9:00 am - 1:00 pm



## SKYHAWKS SAND VOLLEYBALL CAMP

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting, and serving. This program is designed for the beginning and intermediate level player. Skyhawks staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

Location: Stocks Playground Volleyball Courts

(Rain Location: Chippens Hill Middle School

551 Peacedale St, Bristol, CT 06010)

Fee: \$145/Session 1

\$159/Session 2

Session	Date	Ages	Day	Time
Summer 1	7/18 - 7/22	10 - 12	M - F	9:00 am - 1:00 pm
Summer 2	7/25 - 7/29	13 - 16	M - F	9:00 am - 3:00 pm

## SKYHAWKS TINY HAWK CAMP (Soccer & Basketball)

The essentials of soccer and basketball are introduced in a fun and safe environment with encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sports-specific games tailored to the participant's attention spans.

Location: Chippens Hill Middle School

551 Peacedale St, Bristol, CT 06010

Fee: \$65/session

Session	Date	Ages	Day	Time
Summer 1	6/27 - 6/30	3 - 4	M - Th	4:45 - 5:30 pm

## INTRO TO MOUNTAIN BIKING

Join this exciting new program that is geared towards learning to mountain bike and showing participants how to have the most fun on the trails while staying safe. This class is for beginners new to the sport that are looking to take things to the next level without the guesswork and hardships of trial and error. This program will cover bike set up and safety, riding positions, braking, shifting (if applicable), cornering, balance, front wheel lifts, and basic trail safety.

Location: Rockwell Park - Stonehouse & Pump Track

Fee: \$40/session

Session	Date	Ages	Day	Time
Summer 1	6/15 - 7/20	8 - 17	W	5:30 - 6:30 pm
Summer 2	8/31 - 10/5	8 - 17	W	5:30 - 6:30 pm

## SKYHAWKS SPORTS & GAMES CAMP

This camp will use a variety of skill-building games and activities to give each athlete a complete understanding and overview of many different popular sports and games. Sports and games that are played include capture the flag, soccer, ultimate Frisbee, basketball, kickball, baseball, 4-square, flag football, team handball and many more. Participants will play 2-4 games each day.

Location: Chippens Hill Middle School

551 Peacedale St, Bristol, CT 06010

Fee: \$159/session

Session	Date	Ages	Day	Time
Summer 1	7/11 - 7/15	6 - 10	M - F	9:00 am - 3:00 pm

## SKYHAWKS SOCCER CAMP

Using a progressive curriculum, boys and girls will gain technical skills and sports knowledge required to excel on the soccer field. Campers will have the opportunity to participate in many skill-building drills that are age appropriate for all participants.

Location: Rockwell Park – Open Field

Fee: \$85/session

Session	Date	Ages	Day	Time
Summer 1	7/18 - 7/22	5 - 6	M - F	5:00 - 6:30 pm





## SKYHAWKS GOLF CAMP

Participants will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for entry-level players, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment is provided.

Location: Page Park - Ingraham Field

Fee: \$129/session

Session	Date	Ages	Day	Time
Summer 1	8/8 - 8/12	5 - 8	M - F	9:00 am - 12:00 pm

## FORMULA BASKETBALL YOUTH BASKETBALL CLINIC

Join full time basketball trainer Sam Elgin of Formula Basketball ([www.formulahoops.com](http://www.formulahoops.com)) in this clinic designed to help players improve their foundational basketball skills by partaking in many unique drills. Each session will focus on the core skills of dribbling, passing and shooting through the implementation of elite drills. Coach Elgin has trained numerous Division I athletes including Jordan Bohannon (University of Iowa), Patrick and Connor McCaffrey (University of Iowa), as well as NBA player Luka Garza (Detroit Pistons). There are limited spots available for this clinic!

Location: Bristol Eastern High School - Small Gym

632 King Street, Bristol, CT 06010

Fee: \$80/session

Session	Date	Grades	Day	Time
Summer 1	8/15 - 8/18	1 - 4	M - Th	10:00 am - 12:00 pm
	8/15 - 8/18	5 - 8	M - Th	1:00 - 3:00 pm



## GYMNASTICS AT FLIPS

This program offers participants an introduction into gymnastics. These classes encourage whole body exercise, including development in strength, flexibility and coordination. Classes are structured and allow for participants to socialize with others in a safe and controlled environment.

Location: Flips Gymnastic Center

50 Emmett St UNIT 2, Bristol, CT 06010

Fee: \$66/session

Session	Date	Ages	Day	Time
Summer 1	6/30 - 7/21	3 - 4	Th	5:00 - 5:40 pm
	6/30 - 7/21	5 - 8	Th	6:00 - 6:40 pm
	6/30 - 7/21	9 - 12	Th	4:00 - 4:40 pm
Summer 2	7/28 - 8/18	3 - 4	Th	5:00 - 5:40 pm
	7/28 - 8/18	5 - 8	Th	6:00 - 6:40 pm
	7/28 - 8/18	9 - 12	Th	4:00 - 4:40 pm

## MOUNTAIN BIKE CAMP

This mountain bike program is ideal for campers who are excited about improving their riding skills and overall bike knowledge on local bike trails and the new Rockwell Park Pump Track. This camp accommodates riders of all skill levels and is a great way to stay engaged through a popular physical activity. Participants are encouraged to bring their own bikes.

If interested in participating but a bike is needed, please reach out to Recreation Supervisor, Amry Shelby, at (860) 584 - 6160 or [Amryshelby@bristolct.gov](mailto:Amryshelby@bristolct.gov)  
Location: Rockwell Park - Bike Trails & Pump Track  
Fee: \$100/session

Session	Date	Ages	Day	Time
Summer 1	8/15 - 8/18	9 - 15	M - Th	9:00 am - 3:00 pm



## HORSEMANSHIP LESSONS

Our friends at Shepard Meadows help teach numerous unmounted horse skills such as grooming, tacking, and leading. This program also provides the opportunity to challenge participants to persevere, problem-solve, and communicate. This Horsemanship program helps participants connect with their peers socially, as well as promotes the development of self-esteem.

Location: Shepard Meadows Equestrian Center, Inc.

733 Hill St, Bristol, CT 06010

Fee: \$75/session for residents

\$80/session for non-residents

Session	Date	Ages	Day	Time
Summer 1	6/16 - 7/14	7 - 16	Th	5:30 - 6:15 pm
Summer 2	8/4 - 9/1	7 - 16	Th	5:30 - 6:15 pm

## FOOD EXPLORERS CAMP: TASTE THE RAINBOW

Join the Food Explorers to Taste the Rainbow. Explore new flavors, cooking techniques and recipes by delving into a new color each day while learning all about foods of that color. Participants will also discover fun facts about food and nutrition through interactive games and activities between recipes. Each day will feature a snack and a meal.

Location: Bristol Senior Community Center

240 Stafford Ave, Bristol, CT 06010

Fee: \$130/session

Session	Date	Ages	Day	Time
Summer 1	8/15 - 8/19	8 - 12	M - F	2:00 - 5:00 pm

# RECREATION

Visit [www.BristolRec.com](http://www.BristolRec.com) to learn more and register

## YOUTH SOCCER CLINIC

Participants will learn and practice soccer skills including trapping, passing, shooting, dribbling, heading and goalie techniques. Half and full field matches will be held if time allows. This clinic is for players of all skill levels.

Location: Bristol Eastern High School - Soccer Field  
632 King Street, Bristol, CT 06010

Fee: \$40/session

Session	Date	Ages	Day	Time
Summer 1	6/6 - 6/9	7 - 14	M - Th	5:30 - 7:30 pm



## MCCOEY/SCOTT PONY LEAGUE BASEBALL

This league will see teams formed following a tryout session. Each team will play 15 or more regular season games. At the conclusion of the regular season, all teams will make the playoffs for a chance at the league championship. Teams will play two games a week and will have at least one practice.

Location: Riley Field, Page Park and Muzzy Field

Fee: \$65/session

Session	Date	Grades	Day	Time
Summer 1	6/11 - 8/21	7 - 10	Su - F	Varies Weekly



## YOUTH TRAINING & CONDITIONING

This program focuses on fun ways to improve each participant's coordination, build endurance and strength, as well as improve flexibility through exercises that are easy to follow. This program is a great step to get participants started on a lifestyle of healthy living. This program is for participants of all fitness levels and abilities.

Location: Rockwell Park – Mrs. Rockwell Pavilion

Fee: \$40/session

Session	Date	Ages	Day	Time
Summer 1	6/11 - 7/23	8 - 12	Sa	9:00 - 9:45 am
Summer 2	8/27 - 10/1	8 - 12	Sa	9:00 - 9:45 am

## SKYHAWKS MINI HAWK CAMP (Soccer, Baseball, & Basketball)

This multi-sport program gives children their first step into athletics. The essentials of soccer, baseball and basketball are taught in a safe, structured environment with lots of encouragement and focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.

Location: Chippens Hill Middle School

551 Peacedale St, Bristol, CT 06010

Fee: \$75/Session 1

\$105/Session 2

Session	Date	Ages	Day	Time
Summer 1	6/27 - 6/30	4 - 6	M - Th	5:40 - 6:40 pm
Summer 2	7/5 - 7/8	4 - 6	Tu - F	9:00 am - 12:00 pm



## SPECIAL NEEDS BOWLING PROGRAM

Specialized bowling is for youth with differing mental or physical disabilities. Bowling will take place each week at Spare Time entertainment and gives participants the opportunity to interact with peers while enjoying the sport of bowling.

Location: Spare Time Entertainment

177 Farmington Ave. Bristol, CT

Fee: \$8/week

Session	Date	Ages	Day	Time
Summer 1	6/22 - 7/27	6 - 17	W	6:30 - 8:30 pm

## SKYHAWKS TRACK AND FIELD

Using special equipment, Skyhawks exercises and drills will prepare athletes for a future in cross-country and track and field events while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching and cool-down techniques are all covered in this unique program. The week ends with a track meet!

Location: Bristol Eastern High School - Track

632 King Street, Bristol, CT 06010

Fee: \$85/session

Session	Date	Ages	Day	Time
Summer 1	7/25 - 7/28	7 - 13	M - Th	6:00 - 7:30 pm



## TENNIS LESSONS

There are many opportunities to play whether you are just beginning or have been playing for years. From children ages 4 through adults, participants will work on the fundamentals of tennis: stroke development, court strategy, footwork, tennis etiquette, scoring and promote the love of the game. Tennis lessons are offered to players of all ages and skill levels. Younger players are able to learn the rules of the game and the basic skills needed to have an enjoyable experience. Older and advanced players have the opportunity to learn drills and sharpen their skillset.

### Pee Wee

This program involves games and activities to improve hand-eye coordination, speed and agility. It is the perfect program to keep active and introduce your little one to a lifelong sport.

Location: Page Park - Tennis Courts

Fee: \$40/session

Date	Ages	Day	Time
7/14 - 8/18	4 - 5	Th	5:00 - 5:30 pm

### Little Tennis

This program incorporates fun games and activities to introduce children to the sport of tennis.

Location: Page Park - Tennis Courts

Fee: \$40/session

Date	Ages	Day	Time
7/14 - 8/18	6 - 7	Th	5:45 - 6:15 pm

### Youth Beginner

For ages 8-14 years old who have never participated in tennis lessons before or have had very little exposure to the sport.

Location: Page Park - Tennis Courts

Fee: \$40/session

Date	Ages	Day	Time
7/11 - 8/15	8 - 14	M	5:00 - 5:45 pm



### Youth Intermediate

For ages 8-14 years old who have experience playing tennis and have a comprehensive understanding of forehand, backhand, volleying, serving and scoring.

Location: Page Park - Tennis Courts

Fee: \$40/session

Date	Ages	Day	Time
7/11 - 8/15	8 - 14	M	6:00 - 6:45 pm

### Middle School/High School

Students will learn techniques and skills to enhance their enjoyment of playing tennis. These lessons are open to all ability levels.

Location: Page Park - Tennis Courts

Fee: \$40/session

Date	Grades	Day	Time
7/12 - 8/16	6 - 12	Tu	5:30 - 6:15 pm

### Adults

For players who are looking to get more exposure to the sport of tennis. Drills, techniques, and games will be a part of each class. Sneakers and water bottle. Tennis racquets are available if needed, but participants are encouraged to bring their own.

Location: Page Park - Tennis Courts

Fee: \$40/session

Date	Ages	Day	Time
7/12 - 8/16	18+	Tu	6:30 - 7:45 pm

## RALPH STRONG TENNIS TOURNAMENT

The Ralph Strong Tennis Tournament is an annual event that is offered to the community at no charge. Participants will compete in singles matches based on their age. Participants of all skill levels are welcomed to advance registration.

Location: Page Park - Tennis courts

Fee: No cost

Session	Date	Ages	Day	Time
Summer 1	7/29 - 7/30	4 - 17	F - Sa	Varies by Age



# RECREATION

Visit [www.BristolRec.com](http://www.BristolRec.com) to learn more and register

## ADULT CO-ED PICKLEBALL

Pickleball is a combination of badminton and ping pong played on a badminton court with a tennis sized net. The rules are simple and the game is easy for beginners to learn, but can develop into a fast-paced, competitive game for experienced players.

Location: Page Park - Tennis Courts

Fee: \$40/session

Session	Date	Ages	Day	Time
Summer 1	6/13 - 7/25	18+	M	6:00 - 9:00 pm
Summer 2	8/15 - 9/26	18+	M	6:00 - 9:00 pm



## PILATES & YOGA FUSION

This program will help tone and tighten your core, which will not only improve your posture but your body awareness and flexibility. Participants will use techniques from yoga to flow through movements and work their body while gaining strength of the body and mind. This program is for individuals of all skill levels.

Location: Page Park – Ingraham Field

Fee: \$40/session

Session	Date	Ages	Day	Time
Summer 1	7/5 - 8/11	18+	T/Th	6:00 - 7:00 pm



## MEN'S SOFTBALL LEAGUE

This adult softball league consist of nine weeks of regular season games, plus playoffs. Each team is guaranteed 18 regular season games (nine doubleheaders), with the top eight teams making the playoffs.

Location: Mix Street Field & Casey Field

Fee: \$800/team

Session	Date	Ages	Day	Time
Summer 1	8/8 - 10/28	18+	M - F	6:00 - 11:00 pm

## DOG OBEDIENCE CLASSES – PUPPY TRAINING

Every interaction with your dog is a learning opportunity. A successful relationship with your dog is based on trust and a mutual understanding. With these opportunities in mind, this program is designed to work for you, your dog and your lifestyle. These goals are achieved through motivational and result oriented training. We've partnered with Camp Canine to provide you with the tools and knowledge needed to effectively communicate with your dog for the most progressive and successful training.

Location: Camp Canine

74 Broderick Rd, Bristol, CT 06010

Fee: \$150/session

Session	Date	Ages	Day	Time
Summer 1	8/4 - 9/8	18+	Th	6:30 - 7:30 pm



## ADULT CO-ED VOLLEYBALL LEAGUE

Teams of 4-8 participants are welcome to play within this fun and competitive league. This volleyball league will run for 12 weeks, with the last week being a tournament to determine the league champion. T-shirts will be awarded to the league champion!

Location: Stocks Playground Volleyball Courts

Fee: \$300/team

Session	Date	Ages	Day	Time
Summer 1	6/2 - 8/18	18+	Th	6:00 - 9:00 pm



## MEN'S 40-AND-OVER SOFTBALL LEAGUE

This adult softball league will consist of eight weekends of regular season games, plus playoffs. Each team is guaranteed 16 regular season games (eight doubleheaders), with all teams making the playoffs.

Location: Mix Street Field & Casey Field

Fee: \$800/team

Session	Date	Ages	Day	Time
Summer 1	7/31 - 11/6	40+	Su	8:00 am - 2:00 pm



# RECREATION

Visit [www.BristolRec.com](http://www.BristolRec.com) to learn more and register

## SPECIAL NEEDS ADULT BOWLING

Specialized bowling is for youth with differing mental or physical disabilities. Bowling will take place each week at Spare Time entertainment and gives participants the opportunity to interact with peers while enjoying the sport of bowling.

Location: Spare Time Entertainment  
177 Farmington Ave. Bristol, CT  
Fee: \$8/week

Session	Date	Ages	Day	Time
Weeks 1 - 6	6/22 - 7/27	18+	W	6:30 - 8:30 pm

## SATURDAY SWEAT SESSION

This class offers a fun, upbeat full body workout. A combination of different workouts and muscle groups will be targeted to ensure that participants get the most out of this program. This class is geared towards building cardiovascular fitness while improving muscular strength and endurance. This program is designed for all fitness levels and will help improve your overall fitness by building muscle, burning fat, and boosting overall health.

Location: Rockwell Park – Mrs. Rockwell Pavilion  
Fee: \$40/session

Session	Date	Ages	Day	Time
Summer 1	6/11 - 7/23	18+	Sa	10:00 - 10:45 am
Summer 2	8/27 - 10/1	18+	Sa	10:00 - 10:45 am



## SPECIAL NEEDS ADULT SOCIAL PROGRAM

This program is for adults who are physically or mentally disabled. Scheduled activities will allow participants to connect with their peers through various social events and outings. The fee, times and locations are dependent on the activity scheduled. Participants will partake in a pizza party, concerts, sporting events, mini golf and more. Visit [www.BristolRec.com](http://www.BristolRec.com) for a full schedule of activities.

Location: Varies by Activity  
Fee: \$40/session

Session	Date	Ages	Day	Time
Summer 1	6/28 - 8/2	18+	M/Tu	Varies by Activity



## CHAIR FITNESS

Chair Fitness is a low impact program designed to prevent injuries while increasing muscle strength and energy levels. This class will focus on cardiovascular aerobics, strength building, relaxing stretches using an exercise ball and resistance bands, hand-held weights and a chair for those participants who prefer seated exercises. This program is for Seniors of all fitness levels.

Location: Rockwell Park – Mrs. Rockwell Pavilion  
Fee: \$40/session

Session	Date	Ages	Day	Time
Summer 1	6/11 - 7/23	50+	Sa	11:00 - 11:45 am
Summer 2	8/27 - 10/1	50+	Sa	11:00 - 11:45 am



## ARE YOU A QUALIFIED INSTRUCTOR THAT WOULD LIKE TO OFFER A PROGRAM THROUGH THE BPRYCS DEPARTMENT?

### Submit a Program Proposal for review -

Do you have a talent or skill that you'd like to share with others? The BPRYCS invites you to submit a program proposal for a future class. We recruit instructors to teach a wide variety of classes that provide the community with positive recreational experiences. We offer programs throughout the year in a variety of locations, to a wide range of ages and ability levels as a part of our department's mission to "enhance the quality of life for all Bristol residents." Proposal forms are available at [www.BristolRec.com](http://www.BristolRec.com). Proposals are considered for review based on factors including, but not limited to, community demand, relevance to City objectives, existing courses, and potential for cost recovery.

# YOUTH SERVICES

Visit [www.BristolRec.com](http://www.BristolRec.com) to learn more and register

## YOUTH SERVICES REQUEST FOR INFORMATION

Bristol Parks, Recreation, Youth and Community Services holds a strong commitment to meeting the needs of youth by providing a variety of services including information and referrals, service needs assessments, individual & family counseling, crisis mitigation, case management, youth employment training, and in school groups and advocacy.

If you're a parent, guardian, or provider seeking mental health services for a local youth please scan the QR code below & take a few moment to complete the form. Someone from our office will contact you to schedule an intake meeting.



Open the camera app. Focus the camera on the QR code by gently tapping the code. Follow the prompted instructions on the screen to complete the action.



## YOUTH AND COMMUNITY SERVICES BUILDING / BPRYCS MAIN OFFICE

51 High Street  
Bristol, CT 06010  
(860) 314 - 4690

## LOOKING TO SUPPORT LOCAL YOUTH?

Donate to the "Friends of the Bristol Parks and Recreation Fund" through the Main Street Community Foundation. All donations support children's scholarships, future projects, and programs for local youth in the Bristol Community. Donate through the Main Street Community Foundation website and you can direct your donation to a specific program, park, or project of interest.



The Bristol Youth Service Bureau is a member of the Connecticut Youth Services Association (CYSA), a unified network of Bureaus dedicated to promoting the well-being of Connecticut's children, youth, and families.



## ON THE GO

Keep an eye out for the BPRYCS "On the Go" vehicle which will bring BPRYCS activities directly into parks and neighborhoods in the community. "On the Go" pop up activities are completely free. BPRYCS staff arrange engaging self-guided activities, game/craft stations, lead group activities, and encourage neighborhood morale and community conversation.

The "On the Go" vehicle ensures everyone has access to great services and helps navigate transportation limitations. Community members of all ages are invited to participate in all "On the Go" activities. Visit [www.BristolRec.com](http://www.BristolRec.com) for all pop up "On the Go" locations!



## LOOKING FOR FINANCIAL ASSISTANCE?

Bristol Youth and Community Services' Scholarship Fund has been established to aid children living in high risk situations and in need of social, emotional and recreational programming in order to thrive. Funds are available to children who struggle to cope with neurological, mental health or cognitive challenges, physical disabilities, severe family distress, trauma and /or complicated grief and loss issues. Scholarships shall go towards a program of the child's choice that will enhance his/her positive social and emotional development and physical well-being. Referral forms are available under "General Info" at [www.BristolRec.com](http://www.BristolRec.com)



# YOUTH SERVICES

Visit [www.BristolRec.com](http://www.BristolRec.com) to learn more and register

## THERAPEUTIC MENTORING

Therapeutic Youth Mentoring program for students in elementary through high school in need of additional supports and connections. Mentors will talk, play games, give advice if necessary, and serve as role models for the youth. Volunteer Mentors will meet with mentees once per week and be re-evaluated every few months. This a great way to make lasting connections, create an outlet for emotional support, and have fun!

If you are an adult interested in becoming a Therapeutic Youth Mentor (mentors must be 21 years and older), please contact Youth and Family Coordinator, Alyson Phelan, at [AlysonPhelan@bristolct.gov](mailto:AlysonPhelan@bristolct.gov) or (860) 314-4690. Location: BPRYCS Main Office

51 High Street, Bristol, CT , 06010

Fee: No cost

Session	Date	Grades	Day	Time
Summer 1	6/27 - 8/19	6 - 12	TBA	TBA

## YOUTH BOWLING NIGHT

A positive recreational activity to beat the summer heat. Join us for some fun leisure time activity and social skill development. A great opportunity to meet new friends, learn a new skill and have fun! Every other week we invite families to join their youth for family bowling nights!

**Family Nights: July 19, August 2, August 16**

Location: Spare Time Entertainment

177 Farmington Ave. Bristol, CT

Fee: No cost

Session	Date	Ages	Day	Time
Summer 1	7/12 - 8/16	11 - 18	Tu	6:00 - 8:00 pm

## FIELD DAZE

Join Youth and Community Services for tons of exciting and adventurous field trips, swimming, activities and skill building opportunities. Make new friends, learn a new skill and have a positive summer experience.

For more information please contact please contact Youth and Family Coordinator, Alyson Phelan, at [AlysonPhelan@bristolct.gov](mailto:AlysonPhelan@bristolct.gov) or (860) 314-4690.

Location: BPRYCS Main Office

51 High Street, Bristol, CT , 06010

Fee: \$15/session

Session	Date	Ages	Day	Time
Week 1	6/28 - 6/30	5 - 8	Tu/Th	11:00 am - 2:00 pm
Week 2	7/12 - 7/14	5 - 8	Tu/Th	11:00 am - 2:00 pm
Week 3	7/19 - 7/21	5 - 8	Tu/Th	11:00 am - 2:00 pm
Week 4	7/26 - 7/28	5 - 8	Tu/Th	11:00 am - 2:00 pm
Week 5	8/02 - 8/04	5 - 8	Tu/Th	11:00 am - 2:00 pm
Week 6	8/09 - 8/11	5 - 8	Tu/Th	11:00 am - 2:00 pm

## PEN PAL EXPLORERS

Put down the electronics, connect with others, and be creative this summer! Each child will be given a Pen Pal Kit to include: pens & pencils, stickers, paper, & envelopes. Explorers will write letters from home each week and deposit them in our Pen Pal mailbox to be mailed out. Participants will enjoy social skill building activities focused to improve self-esteem, and make new friends! Pen Pal kits will be picked up by June 1st. Register in advance at [www.BristolRec.com](http://www.BristolRec.com)

Location: n/a

Fee: \$15/session



Session	Date	Ages	Day	Time
Summer 1	6/1 - 8/17	5 - 11	n/a	n/a

## I-SPY SUMMER CHALLENGE

A fun way to explore your area parks and playgrounds with family and friends. Participants can find this summer challenge activity within each Rec & Read location. Challenges will be available every Friday and will rotate weekly. I-Spy activities are set up like a scavenger hunt where one will search for certain items around the park. This summer challenge also includes an additional fun activity to keep young ones busy and engaged. The additional activities include coloring pages, crosswords puzzles, word games, and more. Participants who complete and turn in all 8-weekly activities will be entered to win a free fall program offering!

Location: Brackett Park, Page Park, Rockwell Park, Federal Hill Green, and the Main Office

Fee: No cost



Session	Date	Ages	Day	Time
Summer 1	7/1 - 8/19	Any	n/a	n/a



## NEW BEGINNINGS & BACK TO SCHOOL PACKS

A referral based program to help families provide the basic needs for their child/children's return to school. The program will offer school clothes, school supplies, and backpacks. Referrals are due by August 1.

For more information please contact please contact Youth and Family Coordinator, Alyson Phelan, at [AlysonPhelan@bristolct.gov](mailto:AlysonPhelan@bristolct.gov) or (860) 314-4690.

Location: BPRYCS Main Office

51 High Street, Bristol, CT , 06010

Fee: No cost

Session	Date	Grades	Day	Time
Summer 1	8/1	K - 12	M	n/a

# COMMUNITY SERVICES

Visit [www.BristolRec.com](http://www.BristolRec.com) to learn more and register

The Community Services branch is housed within the Youth & Community Services division; and works closely with Bristol residents to assess basic needs and provide equitable opportunities for residents to advance their lives through housing, family, employment, and social service assistance. Community Services aims to reduce the causes of poverty, increase opportunity and economic security for individuals and families, and revitalize communities. Community Services accepts referrals from a variety of agencies/sources and serves as a crucial link between the agencies and residents in need.

## Services Include

- Financial and technical resources to state, local, public and private agencies
- Support services to adults, elderly, and residents in need
- Local housing assistance
- Advocacy, referrals, and guidance
- Local resources, information, strategies for asset building
- Short-term case management
- Food security assistance

For more information, please contact:  
Aubrey Minkler, Community Services Coordinator  
at (860) 314-4690 or [AubreyMinkler@bristolct.gov](mailto:AubreyMinkler@bristolct.gov)

## BUS AROUND BRISTOL

Join us for an interactive learning day around Bristol. Designed as an educational scavenger hunt, the objective of the event is to get teens familiar with using public transportation to connect with their community.

For more information, please contact: Aubrey Minkler, Community Services Coordinator, at (860) 314 - 4690 or [aubreyminkler@bristolct.gov](mailto:aubreyminkler@bristolct.gov)

Location: BPRYCS Main Office

51 High Street, Bristol, CT, 06010

Fee: No cost

Session	Date	Ages	Day	Time
Summer 1	7/19	12 - 18	Tu	9:30 am - 2:30 pm

## SNAP/EBT NOW ACCEPTED AT THE BRISTOL FARMERS MARKET

June - October

Saturdays, 10:00 am - 1:00 pm

Visit the BPRYCS staff at the Bristol Farmers Market and use your SNAP/EBT card to shop for local, nutritious foods! The 2022 Farmers Market will be held in a new location this year - visit [Bristolallheart.com](http://Bristolallheart.com) for market updates and vendor info.

## CARING CLOSET

The Caring Closet offers income eligible families basic need items free-of-charge. Services are intended for community members who are experiencing difficulty meeting their daily needs. The program operates on a first-come, first-served basis. All items are supplied through community donations and may not always be in stock. The Caring Closet is currently operating via curbside pick-up/drop-off by appointment only. Supply availability includes diapers, baby food, clothing, baby wash, and wipes. The Caring Closet is housed at the Youth & Community Services Building at 51 High St., Bristol, CT.

If interested in pick-up or drop off, please contact: Lauren Kittle, Program Coordinator, at (860) 314-4690 or [LaurenKittle@bristolct.gov](mailto:LaurenKittle@bristolct.gov).



## PARENT AND CHILD PROGRAM

The Parent and Child program provides information, programs, and services that assist parents in raising healthy and happy children. Programs range from learning about pregnancy and being a parent, to developing children's literacy skills, and healthy lifestyles. Classes and support groups are offered to mothers, fathers, grandparents, children, kinship and foster parents. Topics may include healthy relationships, stress management, communication and discipline. Start a program today to gain resources, a positive community, and most importantly ensure your family is healthy and happy!

Interested in program or group offerings?

Please contact: Lauren Kittle, Program Coordinator, at (860) 314-4690 or [LaurenKittle@bristolct.gov](mailto:LaurenKittle@bristolct.gov).





## TEEN NIGHTS

Teen Nights provide teens with a safe space and a variety of activities to make friends, engage in positive development, and provide an alternative to using harmful substances. Teen Nights are a welcoming environment to hang out outside of the classroom. Teen Nights are designed with a variety of themes and are held at various park and field trip locations to cater to as many different interests as possible. Please note, activities are subject to change. Stay up to date with the Teen Night schedule at [www.BristolRec.com](http://www.BristolRec.com).

Date	Activity	Ages	Day
July 7	Crazy Tie Dye Fun	13 - 17	Th
July 11	Bowling	13 - 17	M
July 14	Lake Compounce	13 - 17	Th
July 18	Outdoor Pool Party	13 - 17	M
July 21	Rock Climbing	13 - 17	Th
July 25	Video Game Truck	13 - 17	M
July 28	Go Karting	13 - 17	Th
Aug 1	Trivia Night	13 - 17	M
Aug 4	Roller Skating	13 - 17	Th
Aug 8	Mindful Yoga	13 - 17	M
Aug 11	Escape Room	13 - 17	Th



## COMMUNITY COALITION

The Community Coalition looks to develop a culture of awareness and sustained action that will promote positive youth development and a healthier community. Together we create change by promoting wellness through increased education, implementing strategies that show ways to have fun without using substances and to enforce policies in the hopes of preventing youth substance misuse. The Community Coalition also has a virtual component for those who are unable to join in person. All Bristol residents and employees above the age of 18 are encouraged to join us.

To get involved or learn more, please contact the BEST program coordinator, Jenelle Howard, at [JenelleHoward@bristolct.gov](mailto:JenelleHoward@bristolct.gov) or (860) 584 - 6160. Location: BPRYCS Main Office - 1st Floor Meeting Room  
51 High Street, Bristol, CT 06010

Session	Date	Ages	Day	Time
Summer	June 9	13 - 17	Th	3:30 - 4:45 pm
	July 14	13 - 17	Th	3:30 - 4:45 pm
	Aug 11	13 - 17	Th	3:30 - 4:45 pm



**Bristol  
Eliminating  
Substance Use  
Together**

BEST is a Drug-Free Community Coalition that began in the early 1990s with a focus on reducing youth substance misuse in the Bristol community. BEST works to unify the community and promote wellness through increasing education, implementing strategies, and enforcing policy to prevent substance misuse by youth and those who impact their development. BEST hopes to develop a culture of awareness and sustained action that will promote positive youth development and a healthier Bristol community.

### Visit the BEST Website!

Open the camera app.  
Focus the camera on the QR code by gently tapping the code.  
Follow the prompted instructions on the screen to complete the action.



## BEYOND COALITION

BEYOND (Bristol Empowering Youth Opportunities and Nurturing Development) brings together Youth Leaders to prevent substance misuse throughout the community. BEYOND promotes the Peer Education Model to assist in reducing youth substance use in Bristol. The Beyond Coalition aims to promote wellness through increasing education, to implement strategies to show ways to have fun without using substances, and enforce policies to prevent youth substance misuse. All Middle School and High School students ages 13 to 17 are welcome to join.

To get involved or learn more, please contact the BEST program coordinator, Jenelle Howard, at [JenelleHoward@bristolct.gov](mailto:JenelleHoward@bristolct.gov) or (860) 584 - 6160. Location: BPRYCS Main Office - Teen Room  
51 High Street, Bristol, CT 06010

Session	Date	Ages	Day	Time
Summer	July 19	13 - 17	Tu	5:30 - 7:00 pm
	Aug 16	13 - 17	Tu	5:30 - 7:00 pm

# AQUATICS

Visit [www.BristolRec.com](http://www.BristolRec.com) to learn more and register

## INDOOR AND OUTDOOR POOLS

Bristol operates two outdoor pool facilities during the Summer season and one indoor pool year round!

### ROCKWELL PARK POOL



**Rockwell Park**  
238 Jacobs Street  
Bristol, CT 06010

**Open Everyday**  
June 25 - August 22, 2022  
1:00 - 7:00 pm

#### Features

- Adjacent to Rockwell Park Splashpad
- Depth: 1.5 ft. - 5 ft.
- Four (4) lanes of open swimming space

### PAGE PARK POOL



**Page Park**  
DeWitt Page Park Road  
Bristol, CT 06010

**Open Everyday**  
June 25 - August 22, 2022  
1:00 - 7:00 pm

#### Features

- Zero-depth entry ramp
- Water spray features
- Depth: Entry Ramp - 5 ft.
- Six (6) lanes of open swimming space

### DENNIS MALONE AQUATIC CENTER



**Dennis Malone Aquatic Center (DMAC)**  
325 Mix Street  
Bristol, CT 06010

**Open Monday - Friday:**  
7:00 AM - 9:00 PM

**Saturday - Sunday:**  
1:00 - 6:00 pm

#### Features

- Open year round
- One-meter diving board
- Depth: 4 ft. - 12 ft.
- Six (6) lanes of open swimming space

DMAC will be closed for maintenance  
Friday, August 7 - Sunday, August 21

## SPLASH PADS

**Splash pads are open 7 days a week:**  
**11:00 am - 7:00 pm**

Splash pads are located at Page Park within the lower playground area, at Stocks Playground, and at Rockwell Park, adjacent to the pool. Splash pads are free and open to residents and non-residents. Bonus - check out the new spray features and zero-depth entry ramp at Page Park Pool! Experiencing splash pad issues? Please message us on Facebook @bristolparksandrecreation or email [Parksandrecreation@bristolct.gov](mailto:Parksandrecreation@bristolct.gov)

## SUMMER POOL MEMBERSHIPS

**Valid June 1st - August 31st**

Includes access to three pools!

Fee: Adults (18 - 64)..... \$40.00 Residents / \$80.00 Non-Residents  
Children (0 - 17)..... \$25.00 Residents / \$50.00 Non-Residents  
Seniors/College (65+)..... \$35.00 Residents / \$70.00 Non-Residents

## DAILY SWIM

Residents must present proper ID to prove residency

### DMAC

Fee: Adults (18 - 64) ..... \$7.00  
Children (6-17) ..... \$3.00  
Seniors/College (65+) ..... \$6.00

### Page and Rockwell Pool

Fee: Adults (18 - 64) ..... \$2.00 for Residents/ \$8.00 for Non-Resident  
Children (0-17) ..... \$1.00 for Residents/ \$4.00 for Non-Resident  
Seniors/College (65+) ..... \$1.50 for Residents/ \$6.00 for Non-Resident





## AMERICAN RED CROSS LEARN TO SWIM

Please note, registration for Summer Learn to Swim will open on **Tuesday, June 14th for Residents and Wednesday, June 15th for Non-Residents, following the final spring session to accommodate for level recommendations.**

Children as young as 6 months can begin their learn-to-swim journey at DMAC. Students are taught a range of developmentally appropriate water skills, from water safety and breath techniques, to different strokes and diving. Children who participate in our LTS program will receive complimentary membership to the facility for the duration of their lessons. Check out the level placement chart or call our office (860) 584 - 3836 to determine the proper class.



### What level is your child ready for based on their skill?

#### PCA 1 ~ 6 MONTHS to 4 YEARS

Student unable to work with an instructor without a guardian in the water

#### PSA 1 ~ 3 to 6 YEARS

Student unable to open eyes underwater and blow bubbles for 3 seconds

#### PSA 2 ~ 3 to 6 YEARS

Student unable to retrieve submerged objects to tread water for 15 seconds

#### PSA 3 ~ 3 to 6 YEARS

Student unable to propel themselves through the water with combined arm and leg action on their front and back

#### LTS 1 ~ 6+ YEARS

Student unable to open eyes underwater and blow bubbles for 3 seconds

#### LTS 2 ~ 6+ YEARS

Student unable to propel themselves through the water with combined arm/leg action on their front and back

#### LTS 3 ~ 6+ YEARS

Student unable to swim with a front crawl and back stroke for 15 yards

#### LTS 4 ~ 6+ YEARS

Student unable to swim with a butterfly stroke for 15 yard

#### LTS 5 ~ 6+ YEARS

Student unable to swim with a front stroke for 15 yards

#### LTS 6 ~ 6+ YEARS

Student unable to swim continuously for 500 yards

### PCA 1 - SATURDAYS

Classes meet once a week for eight (8) weeks

Fee: \$45/session for residents & \$55/session for non-residents

#### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	6 mos. - 4	Sa	9:00 - 9:30 am
	6/25 - 8/13	6 mos. - 4	Sa	10:30 - 11:00 am

#### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	6 mos. - 4	Sa	9:00 - 9:30 am
	6/25 - 8/13	6 mos. - 4	Sa	10:30 - 11:00 am

### PCA 1 - WEEKDAYS

Classes meet everyday Monday through Friday for two (2) weeks.

Fee: \$45/session for residents & \$55/session for non-residents

#### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	6 mos. - 4	M - F	10:30 - 11:00 am
Session 2	7/11 - 7/22	6 mos. - 4	M - F	9:00 - 9:30 am
	7/11 - 7/22	6 mos. - 4	M - F	10:30 - 11:00 am
Session 3	7/25 - 8/05	6 mos. - 4	M - F	9:00 - 9:30 am
	7/25 - 8/05	6 mos. - 4	M - F	10:30 - 11:00 am
Session 4	8/08 - 8/19	6 mos. - 4	M - F	9:00 - 9:30 am
	8/08 - 8/19	6 mos. - 4	M - F	10:30 - 11:00 am

#### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	6 mos. - 4	M - F	10:30 - 11:00 am
Session 2	7/11 - 7/22	6 mos. - 4	M - F	10:30 - 11:00 am
Session 3	7/11 - 7/22	6 mos. - 4	M - F	10:30 - 11:00 am
Session 4	7/25 - 8/05	6 mos. - 4	M - F	10:30 - 11:00 am

### PSA 1 - SATURDAYS

Classes meet once a week for eight (8) weeks.

Fee: \$45/session for residents & \$55/session for non-residents

#### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	3 - 6	Sa	9:00 - 9:30 am
	6/25 - 8/13	3 - 6	Sa	10:30 - 11:00 am
	6/25 - 8/13	3 - 6	Sa	11:15 - 11:45 am

#### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	3 - 6	Sa	9:00 - 9:30 am
	6/25 - 8/13	3 - 6	Sa	9:45 - 10:15 am

# AQUATICS

Learn to Swim registration opens Tuesday, June 14th at [www.BristolRec.com](http://www.BristolRec.com)

## PSA 1 - WEEKDAYS

Class meets everyday Monday through Friday for two (2) weeks.  
Fee: \$45/session for residents & \$55/session for non-residents

### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	3 - 6	M - F	9:45 - 10:15 am
	6/27 - 7/08	3 - 6	M - F	10:30 - 11:00 am
	6/27 - 7/08	3 - 6	M - F	11:15 - 11:45 am
Session 2	7/11 - 7/22	3 - 6	M - F	9:00 - 9:30 am
	7/11 - 7/22	3 - 6	M - F	9:45 - 10:15 am
	7/11 - 7/22	3 - 6	M - F	10:30 - 11:00 am
	7/11 - 7/22	3 - 6	M - F	11:15 - 11:45 am
Session 3	7/25 - 8/05	3 - 6	M - F	9:00 - 9:30 am
	7/25 - 8/05	3 - 6	M - F	9:45 - 10:15 am
	7/25 - 8/05	3 - 6	M - F	10:30 - 11:00 am
	7/25 - 8/05	3 - 6	M - F	11:15 - 11:45 am
Session 4	8/08 - 8/19	3 - 6	M - F	9:00 - 9:30 am
	8/08 - 8/19	3 - 6	M - F	9:45 - 10:15 am
	8/08 - 8/19	3 - 6	M - F	10:30 - 11:00 am
	8/08 - 8/19	3 - 6	M - F	11:15 - 11:45 am

### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	3 - 6	M - F	9:45 - 10:15 am
	6/27 - 7/08	3 - 6	M - F	10:30 - 11:00 am
	6/27 - 7/08	3 - 6	M - F	11:15 - 11:45 am
Session 2	7/11 - 7/22	3 - 6	M - F	9:45 - 10:15 am
	7/11 - 7/22	3 - 6	M - F	10:30 - 11:00 am
	7/11 - 7/22	3 - 6	M - F	11:15 - 11:45 am
Session 3	7/25 - 8/05	3 - 6	M - F	9:45 - 10:15 am
	7/25 - 8/05	3 - 6	M - F	10:30 - 11:00 am
	7/25 - 8/05	3 - 6	M - F	11:15 - 11:45 am
Session 4	8/08 - 8/19	3 - 6	M - F	9:45 - 10:15 am
	8/08 - 8/19	3 - 6	M - F	10:30 - 11:00 am
	8/08 - 8/19	3 - 6	M - F	11:15 - 11:45 am



## PSA 2 - SATURDAYS

Classes meet once a week for eight (8) weeks.  
Fee: \$45/session for residents & \$55/session for non-residents

### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	3 - 6	Sa	9:00 - 9:30 am
	6/25 - 8/13	3 - 6	Sa	9:45 - 10:15 am
	6/25 - 8/13	3 - 6	Sa	11:15 - 11:45 am

### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	3 - 6	Sa	9:00 - 9:30 am
	6/25 - 8/13	3 - 6	Sa	9:45 - 10:15 am
	6/25 - 8/13	3 - 6	Sa	11:15 - 11:45 am

## PSA 2 - WEEKDAYS

Class meets everyday Monday through Friday for two (2) weeks.  
Fee: \$45/session for residents & \$55/session for non-residents

### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	3 - 6	M - F	9:45 - 10:15 am
	6/27 - 7/08	3 - 6	M - F	11:15 - 11:45 am
Session 2	7/11 - 7/22	3 - 6	M - F	9:00 - 9:30 am
	7/11 - 7/22	3 - 6	M - F	9:45 - 10:15 am
	7/11 - 7/22	3 - 6	M - F	11:15 - 11:45 am
Session 3	7/25 - 8/05	3 - 6	M - F	9:00 - 9:30 am
	7/25 - 8/05	3 - 6	M - F	9:45 - 10:15 am
	7/25 - 8/05	3 - 6	M - F	11:15 - 11:45 am
Session 4	8/08 - 8/19	3 - 6	M - F	9:00 - 9:30 am
	8/08 - 8/19	3 - 6	M - F	9:45 - 10:15 am
	8/08 - 8/19	3 - 6	M - F	11:15 - 11:45 am

### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	3 - 6	M - F	10:30 - 11:00 am
	6/27 - 7/08	3 - 6	M - F	11:15 - 11:45 am
Session 2	7/11 - 7/22	3 - 6	M - F	9:45 - 10:15 am
	7/11 - 7/22	3 - 6	M - F	10:30 - 11:00 am
	7/11 - 7/22	3 - 6	M - F	11:15 - 11:45 am
Session 3	7/25 - 8/05	3 - 6	M - F	9:45 - 10:15 am
	7/25 - 8/05	3 - 6	M - F	10:30 - 11:00 am
	7/25 - 8/05	3 - 6	M - F	11:15 - 11:45 am
Session 4	8/08 - 8/19	3 - 6	M - F	10:30 - 11:00 am
	8/08 - 8/19	3 - 6	M - F	11:15 - 11:45 am



## PSA 3 - SATURDAYS

Classes meet once a week for eight (8) weeks.  
Fee: \$45/session for residents & \$55/session for non-residents

### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	3 - 6	Sa	9:45 - 10:15 am
	6/25 - 8/13	3 - 6	Sa	10:30 - 11:00 am

### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	3 - 6	Sa	10:30 - 11:00 am
	6/25 - 8/13	3 - 6	Sa	11:15 - 11:30 am



# AQUATICS

Learn to Swim registration opens Tuesday, June 14th at [www.BristolRec.com](http://www.BristolRec.com)

## PSA 3 - WEEKDAYS

Class meets everyday Monday through Friday for two (2) weeks.  
Fee: \$45/session for residents & \$55/session for non-residents

### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	3 - 6	M - F	9:45 - 10:15 am
	6/27 - 7/08	3 - 6	M - F	10:30 - 11:00 am
	6/27 - 7/08	3 - 6	M - F	11:15 - 11:45 am
Session 2	7/11 - 7/22	3 - 6	M - F	9:45 - 10:15 am
	7/11 - 7/22	3 - 6	M - F	10:30 - 11:00 am
	7/11 - 7/22	3 - 6	M - F	11:15 - 11:45 am
Session 3	7/25 - 8/05	3 - 6	M - F	9:45 - 10:15 am
	7/25 - 8/05	3 - 6	M - F	10:30 - 11:00 am
	7/25 - 8/05	3 - 6	M - F	11:15 - 11:45 am
Session 4	8/08 - 8/19	3 - 6	M - F	11:15 - 11:45 am

### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	3 - 6	M - F	9:45 - 10:15 am
	6/27 - 7/08	3 - 6	M - F	11:15 - 11:45 am
Session 2	7/11 - 7/22	3 - 6	M - F	9:45 - 10:15 am
	7/11 - 7/22	3 - 6	M - F	11:15 - 11:45 am
Session 3	7/25 - 8/05	3 - 6	M - F	9:45 - 10:15 am
	7/25 - 8/05	3 - 6	M - F	11:15 - 11:45 am
Session 4	8/08 - 8/19	3 - 6	M - F	9:45 - 10:15 am
	8/08 - 8/19	3 - 6	M - F	11:15 - 11:45 am

## LTS 1 - SATURDAYS

Classes meet once a week for eight (8) weeks.  
Fee: \$45/session for residents & \$55/session for non-residents

### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	6 - 15	Sa	9:00 - 9:30 am
	6/25 - 8/13	6 - 15	Sa	9:45 - 10:15 am
	6/25 - 8/13	6 - 15	Sa	11:15 - 11:45 am

### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	6 - 15	Sa	9:00 - 9:30 am
	6/25 - 8/13	6 - 15	Sa	9:45 - 10:15 am
	6/25 - 8/13	6 - 15	Sa	10:30 - 11:00 am
	6/25 - 8/13	6 - 15	Sa	11:15 - 11:45 am



## LTS 1 - WEEKDAYS

Class meets everyday Monday through Friday for two (2) weeks.  
Fee: \$45/session for residents & \$55/session for non-residents

### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	6 - 15	M - F	9:45 - 10:15 am
	6/27 - 7/08	6 - 15	M - F	10:30 - 11:00 am
	6/27 - 7/08	6 - 15	M - F	11:15 - 11:45 am
Session 2	7/11 - 7/22	6 - 15	M - F	9:00 - 9:30 am
	7/11 - 7/22	6 - 15	M - F	9:45 - 10:15 am
	7/11 - 7/22	6 - 15	M - F	10:30 - 11:00 am
	7/11 - 7/22	6 - 15	M - F	11:15 - 11:45 am
Session 3	7/25 - 8/05	6 - 15	M - F	9:00 - 9:30 am
	7/25 - 8/05	6 - 15	M - F	9:45 - 10:15 am
	7/25 - 8/05	6 - 15	M - F	10:30 - 11:00 am
	7/25 - 8/05	6 - 15	M - F	11:15 - 11:45 am
Session 4	8/08 - 8/19	6 - 15	M - F	9:00 - 9:30 am
	8/08 - 8/19	6 - 15	M - F	9:45 - 10:15 am
	8/08 - 8/19	6 - 15	M - F	10:30 - 11:00 am
	8/08 - 8/19	6 - 15	M - F	11:15 - 11:45 am

### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	6 - 15	M - F	9:45 - 10:15 am
	6/27 - 7/08	6 - 15	M - F	10:30 - 11:00 am
	6/27 - 7/08	6 - 15	M - F	11:15 - 11:45 am
Session 2	7/11 - 7/22	6 - 15	M - F	9:45 - 10:15 am
	7/11 - 7/22	6 - 15	M - F	10:30 - 11:00 am
	7/11 - 7/22	6 - 15	M - F	11:15 - 11:45 am
Session 3	7/25 - 8/05	6 - 15	M - F	9:45 - 10:15 am
	7/25 - 8/05	6 - 15	M - F	10:30 - 11:00 am
	7/25 - 8/05	6 - 15	M - F	11:15 - 11:45 am
Session 4	8/08 - 8/19	6 - 15	M - F	9:45 - 10:15 am
	8/08 - 8/19	6 - 15	M - F	10:30 - 11:00 am
	8/08 - 8/19	6 - 15	M - F	11:15 - 11:45 am

## LTS 2 - SATURDAYS

Classes meet once a week for eight (8) weeks.  
Fee: \$45/session for residents & \$55/session for non-residents

### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	6 - 15	Sa	9:00 - 9:30 am
	6/25 - 8/13	6 - 15	Sa	10:30 - 11:00 am

### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/13	6 - 15	Sa	9:45 - 10:15 am
	6/25 - 8/13	6 - 15	Sa	10:30 - 11:00 am
	6/25 - 8/13	6 - 15	Sa	11:15 - 11:45 am



# AQUATICS

Learn to Swim registration opens Tuesday, June 14th at [www.BristolRec.com](http://www.BristolRec.com)

## LTS 2 - WEEKDAYS

Class meets everyday Monday through Friday for two (2) weeks.  
Fee: \$45/session for residents & \$55/session for non-residents

### ROCKWELL POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	6 - 15	M - F	9:45 - 10:15 am
	6/27 - 7/08	6 - 15	M - F	10:30 - 11:00 am
	6/27 - 7/08	6 - 15	M - F	11:15 - 11:45 am
Session 2	7/11 - 7/22	6 - 15	M - F	9:00 - 9:30 am
	7/11 - 7/22	6 - 15	M - F	9:45 - 10:15 am
	7/11 - 7/22	6 - 15	M - F	10:30 - 11:00 am
	7/11 - 7/22	6 - 15	M - F	11:15 - 11:45 am
Session 3	7/25 - 8/05	6 - 15	M - F	9:00 - 9:30 am
	7/25 - 8/05	6 - 15	M - F	9:45 - 10:15 am
	7/25 - 8/05	6 - 15	M - F	10:30 - 11:00 am
	7/25 - 8/05	6 - 15	M - F	11:15 - 11:45 am
Session 4	8/08 - 8/19	6 - 15	M - F	9:00 - 9:30 am
	8/08 - 8/19	6 - 15	M - F	9:45 - 10:15 am
	8/08 - 8/19	6 - 15	M - F	10:30 - 11:00 am
	8/08 - 8/19	6 - 15	M - F	11:15 - 11:45 am



## LTS 3 - SATURDAYS

Classes meet once a week for seven (7) weeks.

Fee: \$45/session for residents  
\$55/session for non-residents

### DENNIS MALONE AQUATIC CENTER

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/06	6 - 15	Sa	10:00 - 10:45 am
	6/25 - 8/06	6 - 15	Sa	11:00 - 11:45 am



## LTS 4 - SATURDAYS

Classes meet once a week for seven (7) weeks.

Fee: \$45/session for residents  
\$55/session for non-residents

### DENNIS MALONE AQUATIC CENTER

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/06	6 - 15	Sa	9:00 - 9:45 am
	6/25 - 8/06	6 - 15	Sa	11:00 - 11:45 am

### PAGE POOL

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	6 - 15	M - F	9:45 - 10:15 am
	6/27 - 7/08	6 - 15	M - F	10:30 - 11:00 am
	6/27 - 7/08	6 - 15	M - F	11:15 - 11:45 am
Session 2	7/11 - 7/22	6 - 15	M - F	9:45 - 10:15 am
	7/11 - 7/22	6 - 15	M - F	10:30 - 11:00 am
	7/11 - 7/22	6 - 15	M - F	11:15 - 11:45 am
	7/11 - 7/22	6 - 15	M - F	11:15 - 11:45 am
Session 3	7/25 - 8/05	6 - 15	M - F	9:45 - 10:15 am
	7/25 - 8/05	6 - 15	M - F	10:30 - 11:00 am
	7/25 - 8/05	6 - 15	M - F	11:15 - 11:45 am
Session 4	8/08 - 8/19	6 - 15	M - F	9:45 - 10:15 am
	8/08 - 8/19	6 - 15	M - F	10:30 - 11:00 am
	8/08 - 8/19	6 - 15	M - F	11:15 - 11:45 am



## LTS 3 - WEEKDAYS

Class meets everyday Monday through Friday for two (2) weeks.

Fee: \$45/session for residents  
\$55/session for non-residents

### DENNIS MALONE AQUATIC CENTER

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	6 - 15	M - F	10:00 - 10:45 am
	6/27 - 7/08	6 - 15	M - F	11:00 - 11:45 am
Session 2	7/11 - 7/22	6 - 15	M - F	10:00 - 10:45 am
	7/11 - 7/22	6 - 15	M - F	11:00 - 11:45 am
Session 3	7/25 - 8/05	6 - 15	M - F	10:00 - 10:45 am
	7/25 - 8/05	6 - 15	M - F	11:00 - 11:45 am



## LTS 4 - WEEKDAYS

Class meets everyday Monday through Friday for two (2) weeks.

Fee: \$45/session for residents  
\$55/session for non-residents

### DENNIS MALONE AQUATIC CENTER

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	6 - 15	M - F	11:00 - 11:45 am
Session 2	7/11 - 7/22	6 - 15	M - F	11:00 - 11:45 am
Session 3	7/25 - 8/05	6 - 15	M - F	11:00 - 11:45 am

# AQUATICS

Learn to Swim registration opens Tuesday, June 14th at [www.BristolRec.com](http://www.BristolRec.com)

## LTS 5 - SATURDAYS

Classes meet once a week for seven (7) weeks.

Fee: \$45/session for residents

\$55/session for non-residents

### DENNIS MALONE AQUATIC CENTER

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/06	6 - 15	Sa	9:00 - 9:45 am
	6/25 - 8/06	6 - 15	Sa	11:00 - 11:45 am



## LTS 6 - SATURDAYS

Classes meet once a week for seven (7) weeks.

Fee: \$45/session for residents

\$55/session for non-residents

### DENNIS MALONE AQUATIC CENTER

Session	Date	Ages	Day	Time
Session 1	6/25 - 8/06	6 - 15	Sa	10:00 - 10:45 am

## SPECIALIZED SWIM LESSONS - SATURDAYS

This class is designed to accommodate the individual with special needs or circumstances. Swimming is a life skill and swimming lessons keep the community a safer place. The instructor will work with the student to accomplish individual goals. This class runs once a week for 8 weeks on Saturdays or Sundays following the same schedule as the Learn to Swim program.

Location: Specialized Swim Lessons are offered at all three (3) pools.

Fee: \$45/session for residents

\$55/session for non-residents

Session	Date	Ages	Day	Time
Summer 1	6/25 - 8/13	5+	Sa	12:00 - 12:30 pm

## RED CROSS LIFEGUARD TRAINING

This course is an official certification class that follows the newest American Red Cross Lifeguard Training curriculum. Participants will learn the fundamentals of water safety, CPR/First Aid and lifeguard skills for responding to emergency situations in and around the water. The course will feature both classroom style lectures, video and in water skill training.

Location: Dennis Malone Aquatic Center

Fee: \$180/session for residents

\$195/session for non-residents

Session	Date	Ages	Day	Time
Summer 1	7/11 - 7/15	15+	M - F	9:00 am - 3:00 pm

## LTS 5 - WEEKDAYS

Class meets everyday Monday through Friday for two (2) weeks.

Fee: \$45/session for residents

\$55/session for non-residents

### DENNIS MALONE AQUATIC CENTER

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	6 - 15	M - F	10:00 - 10:45 am
	6/27 - 7/08	6 - 15	M - F	11:00 - 11:45 am
Session 2	7/11 - 7/22	6 - 15	M - F	10:00 - 10:45 am
	7/11 - 7/22	6 - 15	M - F	11:00 - 11:45 am
Session 3	7/25 - 8/05	6 - 15	M - F	10:00 - 10:45 am
	7/25 - 8/05	6 - 15	M - F	11:00 - 11:45 am

## LTS 6 - WEEKDAYS

Class meets everyday Monday through Friday for two (2) weeks.

Fee: \$45/session for residents

\$55/session for non-residents

### DENNIS MALONE AQUATIC CENTER

Session	Date	Ages	Day	Time
Session 1	6/27 - 7/08	6 - 15	M - F	10:00 - 10:45 am
Session 2	7/11 - 7/22	6 - 15	M - F	10:00 - 10:45 am
Session 3	7/25 - 8/05	6 - 15	M - F	10:00 - 10:45 am

## SPLISH SPLASH STORY TIME

Join us at Page Park Pool for a different book each week to be read "story time style". Weekly features will have a focus on diversity, equity, and inclusion. Splash time will follow, with an opportunity to enjoy our newest zero-depth pool entry and spray features along with a chance to explore our new "sensory swim bags" that are now available for use at each aquatics facility. This program will be staff led with the requirement that all children come with a parent or guardian.

Location: Page Park Pool

Fee: No cost

Session	Date	Ages	Day	Time
Summer 1	7/5 - 8/18	5 - 9	Tu/Th	10:30 - 11:30 am

## COMPETITIVE SWIMMING TRAINING CAMP

Get a head start on the High School swim season with a one-week intensive training camp. Camp includes daily coach oversight, stroke clinics, multi-stage workout program, and opportunity to build cardiovascular endurance & muscle strength. Get more out of the season by starting off in swimming shape!

Location: Page Park Pool

Fee: \$49/session for residents

\$69/session for non-residents

Session	Date	Ages	Day	Time
Summer 1	8/15 - 8/19	13+	M - F	3:00 - 5:00 pm





## SUMMER SPLASH TEAM

The Splash Swim Team is a recreational swim team that will compete against other area teams in the Central CT Swim League. The mission of the Bristol

Splash Team is to combine fun and competition. This will be achieved by fostering friendship through team work, participants' personal growth, building stroke mechanics and developing new skills. Splash Team's main goal is to introduce participants to the sport of swimming, to teach skills based on ability in a fun, relaxed atmosphere where participants can improve their skills at their own pace while enhancing their social and emotional development. (Program requires a summer pool membership)

Location: Page Park Pool

Fee: \$60/session for residents

\$80/session for non-residents

Session	Date	Ages	Day	Time
Summer 1	6/27 - 7/29	9 - 18	M - F	7:30 - 9:30 am

## MID INTENSITY AQUA AEROBICS

A slower experience with focus on traditional water exercise movements designed to improve flexibility, recovery, balance, and the mind-body connection. This aqua aerobics class provides a moderate intensity workout utilizing the natural resistance of water. This class is designed to improve cardiovascular fitness, muscular strength and endurance. Appropriate for all levels of fitness.

Location: Dennis Malone Aquatic Center

Fee: \$60/session or \$5 drop-in

Session	Date	Ages	Day	Time
Summer 1	6/28 - 8/11	18+	Tu/Th	10:45 - 11:30 am



## MID - HIGH INTENSITY AQUA AEROBICS

This aqua aerobics class provides a moderate to high intensity workout utilizing all muscle groups. Travel in the water while performing exercises with varied equipment. Increase endurance and strength and improve balance. Aqua Aerobics is an excellent way to meet your fitness goals with less impact on your joints.

Location: Dennis Malone Aquatic Center

Fee: \$30/session or \$5 drop-in

Session	Date	Ages	Day	Time
Summer 1	7/1 - 8/12	18+	Fri	10:45 - 11:30 am
	7/1 - /12	18+	Fri	6:15 - 7:00 pm

## FIT FLOAT

This 45-minute floating pool mat workout allows you to explore core stabilization and various exercises like yoga, pilates, and high intensity training. The best quality of the FitFloat workout is the fact that it is low impact and safe for all fitness levels. If you like stand up paddle boarding this class is definitely for you! Designed for indoor pool use, students will get all the benefits of core stabilization and the challenge of instability.

Location: Dennis Malone Aquatic Center

Fee: \$35/session or \$5 drop-in

Session	Date	Ages	Day	Time
Summer 1	6/29 - 8/17	18+	W	6:15 - 7:00 pm

## HIGH AQUA BOOT CAMP

This forty-five minute workout will get you into shape fast using a variety of unconventional training methods on land and in the water. Workouts are designed to sculpt, tone, and motivate in a fun group environment.

Location: Dennis Malone Aquatic Center

Fee: \$30/session or \$5 drop-in

Session	Date	Ages	Day	Time
Summer 1	7/1 - 8/12	18+	Fri	10:45 - 11:30 am
	7/1 - /12	18+	Fri	6:15 - 7:00 pm

## HIGH INTENSITY AQUA AEROBICS

This aqua aerobics class provides a moderate to high intensity workout utilizing all muscle groups. Travel in the water while performing exercises with varied equipment. Increase endurance and strength and improve balance. Aqua Aerobics is an excellent way to meet your fitness goals with less impact on your joints. Workouts are designed to sculpt, tone and motivate in a fun group environment.

Location: Dennis Malone Aquatic Center

Fee: \$60/session or \$5 drop-in

Session	Date	Ages	Day	Time
Summer 1	6/28 - 8/11	18+	Tu/Th	6:15 - 7:00 pm

## H2OX

H2O fitness classes are shallow water classes designed for any fitness level. The accommodating resistance of water allows improvement at your own pace. This low impact workout comfortably tones and strengthens muscles while developing coordination.

Location: Dennis Malone Aquatic Center

Fee: \$25/session or \$5 drop-in

Session	Date	Ages	Day	Time
Summer 1	7/18 - 8/10	18+	M/W	6:15 - 7:00 pm

## AQUATICS FOR ARTHRITIS

Now offering programs through the American Arthritis Foundation taught by our certified Arthritis Foundation Program Leader. The Arthritis Foundation Aquatic Program (AFAP) is a community-based, group program that uses a variety of water-based exercises to increase physical activity among adults with arthritis. Leaders are trained to teach community, aquatics-based group exercise classes designed specifically for individuals with arthritis, related rheumatic diseases, or musculoskeletal conditions.

### FOUNTAIN OF YOUTH - ARTHRITIS

This 45-minute class focuses on exercises approved by the Arthritis Foundation including walking, gentle stretching, flexing, extension and range-of-motion. Exercises are done in shallow water and focus on activities of daily living, moving a joint through your range of motion and holding it to feel a gentle stretch in the muscle.

Location: Dennis Malone Aquatic Center

Fee: \$30/session for residents

\$35/session for non-residents

Session	Date	Ages	Day	Time
Summer 1	6/28 - 8/11	18+	W	9:00 - 9:45 am
	7/1 - 8/12	18+	F	9:00 - 9:45 am

### AQUA INTERVAL - ARTHRITIS

This 45-minute class is designed for the older adult population. In this class, the instructor leads participants through cardio movements such as walking, jogging, kicking, cross-country ski movements and jumping jacks. Low-impact, perfect for a beginner.

Location: Dennis Malone Aquatic Center

Fee: \$30/session for residents

\$35/session for non-residents

Session	Date	Ages	Day	Time
Summer 1	6/28 - 8/11	18+	W	9:45 - 10:30 am
	7/1 - 8/12	18+	F	9:45 - 10:30 am



### We Moved!

Department of Parks, Recreation,  
Youth & Community Services

51 High Street

Bristol, CT 06010

[parksandrecreation@bristolct.gov](mailto:parksandrecreation@bristolct.gov)

## HOW TO REGISTER

### Online

The easiest way to register any time of day or night! Select any program and register using Visa/MC/Discover.

### Phone

Main Line..... (860) 584 - 6160

Youth & Community Services ..... (860) 314 - 4690

Dennis Malone Aquatic Center..... (860) 584 - 3837

### In Person

BPRYCS Main Office /

Youth & Community Services ..... 51 High Street

Dennis Malone Aquatic Center..... 325 Mix Street

## WEEKLY NEWSLETTER

Newsletters go out to interested community members each week. Archived versions of the newsletter are available under the News tab at [www.BristolRec.com](http://www.BristolRec.com). Please contact Erica Benoit at [EricaBenoit@bristolct.gov](mailto:EricaBenoit@bristolct.gov) if you are not receiving weekly emails.

## HOURS

### BPRYCS Main Office /

#### Youth and Community Services:

Monday-Friday 8:30 am- 5:00 pm

(or by appointment)

\*Please Note - Offices close at 2PM on Fridays during the summer\*

### Dennis Malone Aquatic Center:

Monday-Friday 7:00 am - 9:00 pm

Saturday & Sunday 1:00 - 6:00 pm

## CONNECT WITH US

Share photos by using

#AllHeartParks

 @bristolctparksrecservices

 @BristolCTParksandRecreation



