

Dennis N. Malone Aquatic Center Pool Winter 2025 Schedule

Effective January 1, 2025 - March 31, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Splash Team 7:00-8:30AM	Open Swim 7:00-8:00 AM	Open Swim 7:00-8:30 AM	Open Swim 7:00-8:30 AM	Open Swim 7:00-8:30 AM	Open Swim 7:00-8:30 AM	HS Swim Team 6:30-8:30AM
Swim Lessons 9:00-1:00 PM	Maintenance 8:00-9:00AM					Swim Lessons 9:00-1:00 PM
Open Swim 1:00-2:30PM	Open/ Ai Chi Aerobics 9:00-11:30AM	Open Aqualates/ WW 9:00-11:30AM	Open Swim/Arthritis Aerobics 9:00-11:30AM	Open Aerobics/Hydrorider 9:00-11:30AM	Open/ Hydrorider Bootcamp 9:00-11:30AM	Open Swim 1:00-2:30PM
Open Swim 2:45-4:30PM	Senior Swim 12:00-1:00PM	Senior Swim/BH 12:00-1:00PM	Senior Swim 12:00-1:00PM	Senior Swim/BH 12:00-1:00PM	Senior Swim 12:00-1:00PM	Open Swim 2:45-4:30 PM
Open Swim 4:45-5:45 PM	Open Swim 1:15-2:15PM	Open Swim/BH 1:15-2:15PM	Open Swim 1:15-2:15PM	Open Swim/BH 1:15-2:15PM	Open Swim 1:15-2:15PM	Open Swim 4:45-5:45 PM
	HS Swim Team 2:30-4:30PM	HS Swim Team 2:30-4:30PM	HS Swim Team 2:30-4:30PM	HS Swim Team 2:30-4:30PM	HS Swim Team 2:30-4:30PM	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> Open Swim (any age) Senior Swim (60 +) BH- Bristol Hospital Physical Therapy WW- Water Walking </div>
	Splash 4:30-6:00PM	Splash 4:30-6:00PM	Splash 4:30-6:00PM	Splash 4:30-6:00PM	Splash 4:30-6:00PM	
	Aqua Aerobics 6:15-7:00PM	Aqua Zumba 6:15-7:00PM	Fit Float 6:15-7:00PM	Aqua Aerobics 6:15-7:00PM	Aqua Boot Camp 6:15-7:00PM	
	Open Swim 7:15-8:00PM	Open Swim/Adult Swim Lessons 7:15-8:00PM	Open Swim 7:15-8:00PM	Open Swim/Adult Swim Lessons 7:15-8:00PM	Open Swim 7:15-8:00PM	
	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	

Updated: 12/9/2024

Aquatics Prorams are available for additional fees.

Register online: www.bristolrec.com or

call our Front Desk: (860)-584-3837

Please Note: There may be periodic adjustments to the schedule for transitional programs, swim meets and other events at the discretion of the Parks and Recreation.

**Lap lanes open for use at all open swims, extra lanes at staff discretion*

**Staff reserves the right to move swimmers as they see necessary*

** Bristol Hospital Rehab Dynamics (BH) is here T/R from 12pm-2pm*