Dennis N. Malone Aquatic Center Pool Summer 2024 Schedule

Effective June 22nd - July 20th 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------|-------------------|-------------------|--------------------|-------------------|-------------------|--------------|
| | Open Swim/AA | Open Swim | Open/AA/ Arthritis | Open Swim/ AA | Open Swim/ AB | Swim Lessons |
| | 7:00-8:00 AM | 7:00-9:00 AM | 7:00-9:00 AM | 7:00-9:00 AM | 7:00-9:00 AM | 9:00-1:00 PM |
| Open Swim | Maintenance | | | | | Open Swim |
| 1:00-2:30PM | 8:00-9:00AM | | | | | 1:00-2:30PM |
| Open Swim | Open/ Ai Chi | Open/Aqualates | Open/Arthritis | Open/Hydro | Open/Hydro | Open Swim |
| 2:45-4:30PM | 9:00-10:00AM | 9:00-10:00AM | 9:00-10:00AM | 9:00-10:00AM | 9:00-10:00AM | 2:45-4:30PM |
| Open Swim | Swim lessons/Open | Swim lessons/Open | Swim lessons/Open | Swim lessons/Open | Swim lessons/Open | Open Swim |
| 4:45-5:45 PM | 10am-12pm | 10am-12pm | 10am-12pm | 10am-12pm | 10am-12pm | 4:45-5:45 PM |
| | Senior Swim | Senior Swim/BH | Senior Swim | Senior Swim/BH | Senior Swim | |





| | Swilli lessolis/Open |
|---|----------------------|----------------------|----------------------|----------------------|----------------------|
| | 10am-12pm | 10am-12pm | 10am-12pm | 10am-12pm | 10am-12pm |
| | Senior Swim | Senior Swim/BH | Senior Swim | Senior Swim/BH | Senior Swim |
| | 12:00-1:00PM | 12:00-1:00PM | 12:00-1:00PM | 12:00-1:00PM | 12:00-1:00PM |
| | Open Swim | Open Swim/BH | Open Swim | Open Swim/BH | Open Swim |
| | 1:15-2:15PM | 1:15-2:15PM | 1:15-2:15PM | 1:15-2:15PM | 1:15-2:15PM |
| | Open Swim |
| | 2:30-4:30PM | 2:30-4:30PM | 2:30-4:30PM | 2:30-4:30PM | 2:30-4:30PM |
| | Splash/Open | Splash/Open | Splash/Open | Splash/Open | Splash/Open |
| | 4:30-6:00PM | 4:30-6:00PM | 4:30-6:00PM | 4:30-6:00PM | 4:30-6:00PM |
| | Aqua Aerobics | Aqua Zumba | Fit Float | Aqua Aerobics | Aqua Boot Camp |
| | 6:15-7:00PM | 6:15-7:00PM | 6:15-7:00PM | 6:15-7:00PM | 6:15-7:00PM |
| | Open Swim |
| | 7:15-8:00PM | 7:15-8:00PM | 7:15-8:00PM | 7:15-8:00PM | 7:15-8:00PM |
| | Open Swim |
| | 8:15-9:00PM | 8:15-9:00PM | 8:15-9:00PM | 8:15-9:00PM | 8:15-9:00PM |
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Open Swim (any age)
Senior Swim (60 +)
BH- Bristol Hospital Physical Therapy
KSF- Kids Stroke and Fitness
AA- Aqua Aerobics
AB- Aqua Bootcamp

updated: 6/10/24

Important Notes:

Aquatics Programs are available for additional fees.

Register online at www.bristolrec.com Front Desk: (860)-584-3837

Please Note: There may be periodic adjustments to the schedule for transitional programs,

swim meets and other events at the discretion of the Parks, Recreation, Youth and Community Services Management
*Lap lanes open for use at all open swims, extra lanes at staff discretion
*Bristol Hospital Rehab Dynamics (BH): Tuesdays/Thursdays from 12pm-2pm

*Splash Practices 4:30-6pm, Two Lanes

*Staff reserves the right to move swimmers as they see necessary