

## Dennis Malone Aquatic Center Spring 2025 Schedule

Effective April 1st 2025 - June 27th 2025



	Monday	Tuesday	Wednesday	Thursday	Friday	
	Open Swim 7:00-8:00 AM	Open Swim 7:00-8:30 AM	Open Swim 7:00-8:30 AM	Open Swim 7:00-8:30 AM	Open Swim 7:00-8:30 AM	
	Maintenance 8:00-9:00AM					
Sunday	Open/ Ai Chi	Open	Open Swim/Arthritis	Open	Open/ Hydridorider	Saturday
Swim Lessons 9:00-1:00 PM	Aerobics 9:00-11:30AM	Aqualates/ WW 9:00-11:30AM	Aerobics 9:00-11:30AM	Aerobics/Hydridorider 9:00-11:30AM	Bootcamp 9:00-11:30AM	Swim Lessons 9:00-1:00 PM
Open Swim 1:00-2:30PM	Senior Swim 12:00-1:00PM	Senior Swim/BH 12:00-1:00PM	Senior Swim 12:00-1:00PM	Senior Swim/BH 12:00-1:00PM	Senior Swim 12:00-1:00PM	Open Swim 1:00-2:30PM
Open Swim 2:45-4:30PM	Open Swim 1:15-2:15PM	Open Swim/BH 1:15-2:15PM	Open Swim 1:15-2:15PM	Open Swim/BH 1:15-2:15PM	Open Swim 1:15-2:15PM	Open Swim 2:45-4:30 PM
Open Swim 4:45-5:45 PM	Open Swim 2:30-4:30PM	Open Swim 2:30-4:30PM	Open Swim 2:30-4:30PM	Open Swim 2:30-4:30PM	Open Swim 2:30-4:30PM	Open Swim 4:45-5:45 PM
	Splash/KSF 4:30-6:00PM	Splash 4:30-6:00PM	Splash/KSF 4:30-6:00PM	Splash 4:30-6:00PM	Splash/KSF 4:30-6:00PM	<b>Open Swim (any age)</b> <b>Senior Swim (60 +)</b> BH- Bristol Hospital Physical Therapy  KSF- Kids Stroke and Fitness WW- Water Walking  Updated: 3/10/2025
	Aqua Aerobics 6:15-7:00PM	Aqua Zumba 6:15-7:00PM	Fit Float 6:15-7:00PM	Aqua Aerobics 6:15-7:00PM	Aqua Boot Camp 6:15-7:00PM	
	Open Swim 7:15-8:00PM	Open Swim/ Adult swim Lessons 7:15-8:00PM	Open Swim 7:15-8:00PM	Open Swim/ Adult Swim Lessons 7:15-8:00PM	Open Swim 7:15-8:00PM	
	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	

Aquatics Programs are available for additional fees.

**Register online at [www.bristolrec.com](http://www.bristolrec.com)**

**Front Desk: (860)-584-3837**

**Please Note:** There may be periodic adjustments to the schedule for transitional programs,

swim meets and other events at the discretion of the Parks and Recreation Management

\*Lap lanes open for use at all open swims, extra lanes at staff discretion

\*Bristol Hospital Rehab Dynamics (BH): Tuesdays/Thursdays from 12pm-2pm