



51 High Street Bristol, CT 06010 | 860-584-6160 | ParksandRecreation@bristolct.gov

February Vacation Camp

Monday, Feb. 16th

9:00 AM - 9:30 AM	Drop Off & Welcome Activities
9:30 AM - 9:45 AM	Morning Meeting
9:45 AM - 10:30 AM	Active Play Block 1
10:30 AM - 10:45 AM	Snack Break
10:45 AM - 11:30 AM	Themed Activity/STEM Project
11:30 AM - 12:00 PM	Quiet Choice Time
12:00 PM - 12:30 PM	Lunch
12:30 PM - 1:30 PM	Arts & Crafts
1:30 PM - 2:15 PM	Group Game/Active Play Block 2
2:15 PM - 2:30 PM	Reflection & Wind-Down
2:30 PM - 3:00 PM	Pick Up



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Monday, Feb. 16th

Welcome

Welcome campers, rules for the day, overview of schedule.

Morning Icebreakers

Beach Ball Bash: Throw the ball with questions and answer the question right thumb lands on.

Would You Rather?: Campers go to a section of the room to represent their choice.

Active Play Blocks

Take Cover: Race to cover a counselor head to toe using paper & tape.

Heads, Shoulders, Knees, Cone: Battle against another team to touch your head, shoulders, knees, or grab a cone before the other person.

Human Knot: When forming the knot, you first reach out with your right hand to grab someone across the circle, then reach out with your left hand to grab a different person's hand across the circle. Don't let go of any hands while you bend and twist to untangle the knot.

Misc.: Playground, four corners, balloon volleyball, musical statues.

Themed Activity/STEM Project

Make Your Own Snow: Combine baking soda and conditioner to make a snowy landscape to play with.

Arts and Crafts

Paper Snow Globes: Draw a favorite snowy scene and fill the globe with handmade snow.

Reflection & Wind-Down

Gratitude circle, calming music and stretching, and sharing the favorite part of the day.



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Morning Icebreakers

Simon Says: Listen to Simon and follow the rules to be the next leader.

Name Toss: Toss the ball around the circle until everyone remembers every name.

Active Play Blocks

Charades/Pictionary: Battle against the other teams to name the phrase that's being acted (or drawn) out.

Team Relay Races: Race against another teams to be the first to complete your tasks one at a time.

Minute to Win It: Stack Attack – Stack as many plastic cups as possible in a pyramid, then unstack them as quickly as you can. Cup Blow – Blow a plastic cup across a table using only air from your mouth (no hands or feet allowed).

Misc.: Playground, four corners, balloon volleyball, musical statues.

Themed Activity/STEM Project

Scavenger Hunt: Solve riddles and find clues to find the next item.

Paper Bridge Challenge: Build a bridge with paper to hold a small toy.

Arts and Crafts

Collage Storyboards: Cut images and words from magazines to create a visual story, mood board, or dream world.

Reflection & Wind-Down

Gratitude circle, calming music and stretching, and sharing the favorite part of the camp.